

Belleville Times

85th Year No. 44

An Orechio Publication

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Thursday, October 20, 1994

50¢



STATE FAIR HAS PETTING ZOO - Four-year-old Willie Brown enjoys the petting zoo at State Fair Amusement Corp., 229 Main St., with help of Farmer Herb Smith. In addition to the petting zoo, which also has two pigs, two rabbits and a goat, the store has a haunted house, games and 25-cent popcorn for children, in addition to Halloween supplies. (Photos By Richard Dickon)



Catrambone, 7 others not charged...

Four indicted in alleged sex ring

By Richard Dickon

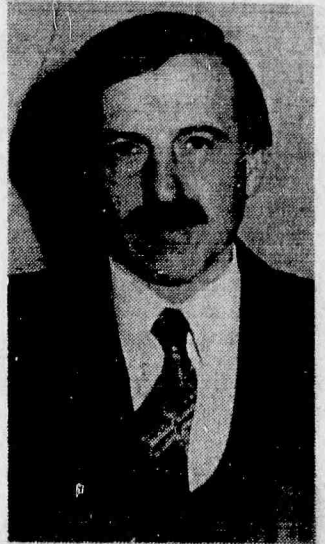
Four out of 13 suspects in the 16-month-old alleged sex ring case have been indicted by an Essex County Grand Jury, including the mother, Betty Egner, 37, her live-in boyfriend Martin Antonio Torres, 29, school custodian Mario Vito Sista, 27 and Ferdinand Galletto, 31, a friend of Engers, all of Belleville.

Enger is charged with several counts of endangering the welfare of a child while the other three are all charged with multiple sexual assault offenses against an 11-year-old girl and a nine-year-old girl on diverse dates, according to Ray Weiss of the county Prosecutor's Office.

Among those not charged is former School #5 Principal Frank Catrambone and Ronald Puttorak, whose Linden Avenue three-family house is where the incidents allegedly took place. The charges have now been dismissed against all eight.

Puttorak was found dead in his cell in the Essex County Jail of an apparent suicide by hanging in August of 1993. The circumstances of Puttorak's death prompted an independent criminal investigation after his survivors claimed he was executed.

Catrambone has continued to be paid while under suspension, as have Sista and Walter Jeffers, a second school custodian cleared of all charges.



Frank Catrambone

Weiss said the "investigation has not produced at this time, sufficient corroborated and credible evidence to warrant and support criminal prosecution of eight individuals. They are: Dr. Marc P. Roberts, (pediatrician for the two young girls), Frank Catrambone, Felix Cabera-Montas (a friend of Egner's), Loi Duc Chu, (an elderly Vietnamese emigre who lived in the neighborhood), Diego Gonzalez, Walter Jeffers (school custodian), Charlene G. Sonn and Anivar Torres.

Engers was originally charged

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Four candidates vie for Second Ward council seat

By Richard Dickon

A full interview was conducted with the four candidates for the Second Ward Council seat. All were asked about rising taxes, school budgets, the conditions of Municipal Stadium and any other issues that drove them to run for the seat, do be decided in the November 8 election.

Nick Cerami

Councilman Nick Cerami was appointed to fill the seat until November after his brother, Charles, resigned to take the Department of Public Works director's job, at \$70,000 per year.

Cerami, 26, is employed as an account representative for an advertising agency in Somerset.

He described himself as "a realist" about rising taxes, but he sympathizes with residents having problems paying the high rates.

"There is always room for improvement, and for savings," Cerami said, "But we get a lot of service for our dollars. We have a fully staffed EMS (Emergency Medical Service), Fire, and a very comprehensive Recreation Department. I would love to say, 'Let's cut taxes in half,' but if nothing functions, what good is it?"

As for a defeated school budget, Cerami said "Hypothetically, in general, I am in favor of cutting a substantial amount, but there are specific situations."

As part of the Council that agreed to a \$250,000 reduction in last year's defeated school budget, Cerami said he trusted the consultant hired by the Council, who said the most that would be sustained by the State Department of Education,

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Henry Charzewski

Henry Charzewski is a fixture at Council and School Board meetings and a proponent of cutting salaries and other government costs.

The 59-year-old former president of a Kearny plastics company is married and has three children.

He said he is funding his own campaign without outside contributions, along with making his own homemade signs, pamphlets "and using my own two feet and knocking on doors."

As for the spending of tax dollars, Charzewski said he wants the Council to be more forthcoming with information about where money is going.

"I want to prove to the people of this town to know that someone is in on their side," Charzewski said, "Someone needs to represent them honestly, the way they're supposed to be represented."

Charzewski said he is not afraid of losing the Board of Education vote after calling for \$1 million to be cut from last year's defeated school budget. He said he wants to see the council, the school board and taxpayers all involved in the school budget process, and is especially concerned about salary

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Ralph DiPasquale

Ralph DiPasquale is a lifelong resident who just became a new homeowner, while he and his wife expect their first child in December. The 32-year-old political newcomer is a principle account clerk for the Essex County Clerk's office who said he wants to restore hometown pride.

DiPasquale became involved in Councilman Jerry Digori's candidacy last spring and "decided to try and get involved to see what I can do. I see all these people complain at meetings, and I want to something."

He said taxes "are way out of hand. As a taxpayer, I have felt the increase. I am sure there is spending that is unnecessary, and once I learn the inner workings of council, I will address that."

As for the school budget, DiPasquale said, "I don't think it's right that taxpayers vote down the budget and the council then does what it wants. Maybe the council should only be allowed to let the budget be raised a certain amount. Otherwise, why waste the time in voting?"

The stadium's poor condition is part of a town-wide problem with playgrounds, the former assistant Belleville High School football

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Joseph Scaperrotta

Joseph Scaperrotta, a recent Zoning Board of Adjustment appointee and lifetime resident, has worked as a legislative aide and now owns and operates his own public relations and advertising consulting company in Belleville.

"The primary reason I am running is to put an end to the nepotism at Town Hall," he said, "I do not agree with the decision of the former councilmembers, Marina Perna, Mario Drozd and Charlie Cerami to hand pick Nick Cerami, Charlie's younger brother, for the Second Ward seat. This was not done with the best interests of the Township in mind."

Scaperrotta said taxpayers were once again forced to pay the price of incompetence when they received their tax bills.

"The taxpayers of the Second Ward were saddled with property tax increases ranging between \$300 and \$600 per year. When you consider the lack of township services and the lack of attention the Second Ward receives at Town Hall, the taxpayers of the Second Ward have every right to be outraged with their present representation."

He said repairing Municipal Stadium must be a top priority. "Belleville Municipal Stadium, like

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Giuffrida Run this Sunday

By Mike Lamberti

The fifth annual Sam Giuffrida Run will be held this Sunday, October 23, at 9:30 a.m. at Belleville High School.

The race, in honor and memory of Sam Giuffrida, will feature a one mile "fun run" which commences at 9:30 a.m., followed by the five miler, which kicks off at 10 a.m.

The past four races have been quite enjoyable. First and foremost, the weather has been marvelous for the event from 1990-93. Warm temperatures and clear blue skies have dominated the event.

Giuffrida, as most Bellevillites know, was a school teacher and crew coach at Belleville High School from 1964 to 1989. He was a charter member of the Belleville

High School Hall of Fame and was a beloved teacher, first at the junior high and later at the senior high.

"G," as he was known to the students at BHS, suffered a heart attack in 1986, but made what appeared to be a full recovery and returned to school later that year.

Sadly, Giuffrida suffered a second heart attack late in the 1988-89 school year and that attack took his life. He passed away at the untimely age of 47 and his spirit and vitality was, and is, sorely missed at Belleville High School.

In 1990, friends of Giuffrida formed a road race in his memory, and every year since, hundreds of runners have competed in the

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Tracing Belleville: Roosevelt, Hornblower, and the Birth of the Industrial Revolution

The following is a reprint of excerpts of a story written by former Belleville Times Editor Howard Klausner in February of 1993. With the passing of a resolution by the U.S. House of Representatives and more recognition likely to come, we thought our readers should be reminded of

why Belleville is considered "the Birthplace of the American Industrial Revolution."

Paterson Mayor William Pascrell has objected to Belleville's designation, but supporters of the resolution see no conflict between the claims of Paterson and Belleville to recognition.

It is a historic fact that Alexander Hamilton sought the creation of an industrial city at the Great Falls of the Passaic River, which he saw for the first time in 1792.

In terms of the Industrial Revolution, historians generally date it from development of the

steam engine in the early 1700s, because it multiplied mankind's ability to produce goods many times over.

As Lou Cienia, chairman of the Belleville Renaissance Committee stated, "You date the beginning of the Atomic Age from the explosion of an atomic bomb. You date the beginning of the Industrial Revolution from the first steam engine."

In introducing the Resolution, Klein said new evidence showed a deeper involvement in the industrialization of America than had been previously realized.

It was near Second River -- later known as Belleville -- that the first functioning steam engine in the Western Hemisphere was erected by the English-born Josiah Hornblower, from 1753 to 1755.

An associate and later rival of Watt, and a man sometimes credited with being the real inventor of the modern steam engine, Hornblower brought the engine parts from England in defiance of British ban on the export of steam

(continued on page 9)

Times welcomes Hart-Rainey as new classified manager

Frank A. Orechio, publisher of Orechio Publications, including The Nutley Sun, The Belleville Times and Bloomfield Life, is pleased to announce the hiring of Diane Hart-Rainey as manager of the classified advertising department.

"Diane is a welcome asset to our group," Orechio said. "She will bring to the job a wide array of experience and talents."

Hart-Rainey will be responsible for the production of classified advertisements and sales.

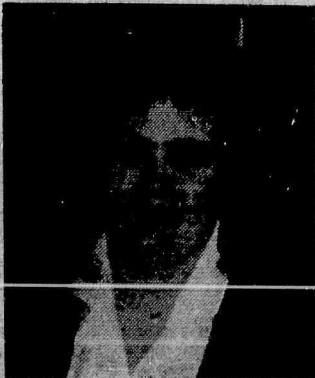
"My goals are to streamline and modernize the classified department," Hart-Rainey says. "Also, I want to inform the community that the classified section is a great resource for finding a wide variety of bargains including employment opportunities."

Keep an eye out for a new look in the classified section after the department revamps the page design, she remarks.

Hart-Rainey comes to Orechio

Publications from BMT Publications in New York City, where she worked as classified manager for the companies five trade magazines. Previously, she was employed in the classified and telemarketing departments at the North Jersey Herald News in Paterson and the Bergen Record in Hackensack.

Hart Rainey lives in Paterson with her husband John.



Diane Hart-Rainey

Kiwanis seek bullet proof vests for police

By Richard Dickon

The Kiwanis Club of Belleville has initiated a fund-raising effort to raise more than \$30,000 to buy and donate new bullet-proof vests for Belleville Police Officers.

The Belleville Little League, Twin Towing, The Philmore Associates, and Carolyn Contracting have all come aboard to help kick-off the fund-raising, to pay for the first vest, according to Mario Drozd, Kiwanis president.

Any individual or company who purchases a vest through Kiwanis will be publicly recognized and their name inscribed on a plaque and displayed in the public area of the Police Department, Drozd said.

The Kiwanis is asking other organizations, individuals or businesses to make this a successful joint community effort by either purchasing drawing tickets or a vest.

Interested residents, businesses or any organization may contact Drozd at 751-2277. The drawing will be

held Dec. 4th at the Chandelier Restaurant on Franklin Ave. Breakfast tickets are \$20 per person.

The Kiwanis, after several months of gathering information, have chosen the Genesis Hi-Lite vest, manufactured by Point Blank Body Armor. The model is a light-weight vest with an independent suspension.

The Kiwanis is dedicating their most recent fund-raising drawing for this project. They will also be soliciting donations from the private and public sector. The Genesis Hi-Lite retails for \$760, according to Drozd.

Drozd said the vests have a product liability of \$10 million per vest. The vests have five inches by eight inches the fibre 10 times stronger than steel, to minimize trauma, while the three-square-foot coverage now covers the rib cage area not previously protected by other vests.

The vests also resist bunching up on impact, shaking back to better withstand multiple hits and preventing additional trauma, he said. The vests are unaffected by moisture or chemicals, he added.



IT'S THE GREAT PUMPKINS! - 17-month-old Joshua Bacek delights at the 150-lbs.-plus pumpkins grown by his grandmother, Phyllis Amato of Minker Street. Phyllis and Joshua's mom, Desarie Bacek, planted just four seeds in the hopes of yielding a pumpkin for her grandson, and grew these two gigantic pumpkins and two more of nearly equal girth, making this a Happy Halloween for young Joshua. (Photo By Richard Dickon)

Rotary governor visits Belleville Rotary Club

The Rotary Club of Belleville was recently paid a visit by Richard Drukker, III, District Governor of Rotary International District 7470 which encompasses the fifty-seven community-based Rotary clubs in Morris, Essex, Sussex and Warren counties. The visit was scheduled as part of a program of "official visits" to each of the clubs in this district.

Drukker addressed the members of the club on Rotary's commitment to its ideals and programs both locally and worldwide. Paramount on the organization's agenda for the coming year is assisting public health institutions with the education and inoculation of the greater than 50 percent of our nation's children under two years of age that have not been immunized against polio and several other childhood diseases.

On a more local level, the Rotary Clubs in this region are continuing the work of their Gift of Life program, which has been responsible to date for providing life-saving open heart surgery to over a hundred children from around the world. Rotary also provides support in the form of funds and hands-on labor to Camp Merry Heart in Hackensack, a summer

camp for children and adults who are physically challenged, as well as ongoing fund-raising assistance to the Rotary Foundation, which provides financial support for youth exchange student programs, cultural exchange trips for adult professionals, scholarships for college studies in foreign lands and a host of international humanitarian projects.

As well as its support of the organization's national and international programs, the Rotary Club of Belleville is also involved with many charitable and community projects here in its own hometown.

Governor Drukker, in his address to the club, focused on the District's theme for the coming year, "Serve Others and You Will Serve Yourself," which calls attention to the fact that the feeling of satisfaction one gets from helping others is in itself its own great reward. He also announced the theme of Rotary International for the 1994-95 Rotary year, "Be A Friend" and added that one very significant way Rotarians can be a friend to their community is to become involved in the PolioPlus USA program to assist in the inoculation of preschool children.

Belleville Senior News

By Joseph Restaino

Cherished Friends

God must have known there would be times
We'd need a word of cheer,
Someone to praise a triumph
Or brush away a tear,
He must have known we'd need to share
The joy of "little things"
In order to appreciate
The happiness life brings,
I think He knew our troubled hearts
Would sometimes throb with pain
At trials and misfortune
Or some goal we can't attain.
He knew we'd need the comfort
Of an understanding heart
To give us strength and courage
To make a fresh, new start.
He knew we'd need companionship
Unselfish ... lasting ... true,
And so God answered the heart's great need
With cherished friends ... like you.

Barbara Burrow

Get well wishes to Jerry Sansone, president of the Tuesday Senior Citizen Club, who had surgery and is recuperating at home.

Also to Rose Oueli who is in the hospital for tests.

Welcome back to John Basel and Tom Kearny who have both been out due to illness.

Condolences to the family and friends of George Toto.

On the brighter side, happy birthday to Peter Corollo, Tom Morgan, Richard Koch, Fred Moench and town critic Joseph Fornorotto.

Happy anniversary to Mr. and Mrs. Vincent Carlo, Natale Dimichino's, Leonard Andreano's and Frank Senatore's.

The Old Guard bowling league started off with a bang when Fred Scalera bowled a three game series of 642. Congratulations, Fred, that's some bowling. The following week E. Niciecki came in with a 623 series. Congratulations to both of you.

It has come to my attention that an organization called Hear Now is in need of used hearing aides. The aides are repaired or salvaged for parts to repair others. They are also exchanged for newer models. These repaired hearing aides are donated to people who cannot afford the cost and also to some third world countries. Anyone who has unused or broken hearing aides may send them to Hear Now, 9745 E. Hampden Ave. Suite 300, Denver, Colo. 80231. Please make sure to protect the aides with padding and also send your name and address and they will acknowledge it with a letter for income tax purposes.

The latest survey on smoking from England states that smoking is more dangerous than any one ever thought. It creates over 24 different diseases. Releasing the results of a 40 year study, the Imperial Cancer Research Fund stated that smoking caused a 100% increase in the death rate. It causes heart disease, lung cancer, strokes and many other diseases. Sir Richard Doll, who started the survey, said that it is never too late to quit. It also states that over 50% of the smokers die from the effects of smoking! The hospitals are full of people suffering from the effects of smoking. Don't you think you deserve a better chance at a more fruitful life. I do and I know that we who love you are praying for you, so what do you say, stop now!

Tid Bit - This is the day that the Lord hath made; let us rejoice and be glad.

Four charged in sex case

(continued from page 1)

with conspiracy and endangering the welfare of two of her daughters, nine and 11, stemming from reports of "sex parties" that were allegedly held in the children's home.

Egner is charged with two counts of second degree endangering the welfare of a child, two counts of third degree endangering the welfare of a child; Torres is charged with one count of second degree conspiracy; eight counts of first degree aggravated assault; two counts of second degree sexual assault by sexual contact; two counts of second degree endangering the welfare of a child and two counts of third degree endangering the welfare of a child; Sista is charged with two counts of first degree aggravated sexual assault; one count of third degree endangering the welfare of a child and one count of fourth degree endangering the welfare of a child; Ferdinand

Galletto is charged with one count of second degree conspiracy; two counts of first degree aggravated sexual assault; two counts of third degree endangering the welfare of a child and two counts of fourth degree endangering the welfare of a child.

For each first degree account, a defendant could receive a maximum sentence of up to 20 years. For each second degree count, a defendant could receive a maximum of up to 10 years. On each third degree, a maximum of up to five years is possible, with a maximum of up to 18 months for each fourth degree account.

Prosecutor Clifford Minor said the case was "extremely complex and required a separate, individualized proof analysis and evaluation as to each allegation against each individual charged by complaint."

He said an extensive, time-consuming and thorough investigation was conducted.

County presents fundraising workshop for arts groups

The Essex County Division of Cultural and Historic Affairs will sponsor an audience development and fundraising workshop for arts organizations on Tuesday, Oct. 25, 5 p.m. to 8 p.m., in the Billy Johnson Auditorium of the Newark Museum.

The workshop will be presented by two arts consultants and admin-

istrators who have achieved the admiration and respect of their colleagues in the area of arts administration.

The workshop is offered without charge. Secured off-street parking is available. To register, call the Grants Administrator in the Division of Cultural and Historic Affairs at 857-8530.

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Life in Silver Lake Neighborhood clean-up, upgrade catches on

Boy does Lawrence Street look good ... A few homeowners have aluminum sided their homes, put in new windows, painted their houses, etc. It seems like it is catching on ...



Marie Strumolo Burke

When you see your neighbors fix up, you fix up. I think it's great. There's pride in the Lake. Let's hope it's an epidemic and everyone catches it.

Guess what, someone else caught the fever... Someone saw Jimmy Sokoloski of Pico's Tavern pulling weeds near Jeraldo & Heckel Street. Let's give him an A for effort.

Just think if they can find no cure for this epidemic the Lake will "shine." Let's all get on the bandwagon, guys.

Boy is it catching... I was riding down Frederick Street and noticed that Vincent and Robin Mustacchio have spruced up their house. A beautiful picket fence was installed along with shrubbery. 'Looking good.' While I am on the subject of Vinny, let me tell you that he is an active member of the SLCA and my public relations person. This man calms me down when I get out of control and boy that's often. But I have learned a lot from him. I

appreciate all the help he gives the Association and it is an honor to have him as a friend and member.

The epidemic is not over. I notice that Louise Moretti of Magnolia Street, has been busy sprucing up her home, too. By the way, she is a great lady, very civic minded and always ready to lend a hand. Keep up the good work, Louise.

I hope they don't find the vaccine to immunize against this epidemic because I noticed Anthony's Hair Styles on Franklin Street has "spruced" up his building. The outside of the building looks great. Come on businesses, join in and catch the 'bug.'

Update...update... Was walking the neighborhood and noticed Jimmy Miele of Lake St. and Ken Constantino of Salter Place, repairing the Heckel Street house. Boy is Heckel Street "fixing up."

Happy retirement to another brother-in-law of mine, Dominic (Dickie) Gamarro of Lake Street. What a guy. While on the subject of Gamarro's, let me wish my nephew Anthony Gamarro, owner of More Than Cards on Franklin Street, a happy 36th birthday. Ditto to another one of my nephews, Charles Conte of Lake Street, a happy 36th birthday. Is everyone 36 years old. I wish I were ... Wow, does time fly.

I heard from Florence Nicastro of Heckel Street the other night. She asked that I commend the Silver Lake Firefighters for the great job they did in extinguishing a fire in her garages. She said they were very caring and professional and deserved a big thank you. So here it goes... Thank you, Silver Lake firemen from your Silver Lake residents.

Happy 39th anniversary to Antoinette and Marty DePanis of Heckel Street. Glad to hear you're feeling better, Marty. We all miss you.

REMEMBER, WE LOVE SILVER LAKE.



GRAND OPENING - Mayor Jim Messina (second from left) and Councilwoman Angie Paserchia (third from left) cut the ribbon at the opening of the Emil T. Restaino and Diane Pein Zusi Law Offices on 80 Franklin Street, in Belleville's Silver Lake section. Larry Walsh (far left) of the Silver Lake District Partnership was on hand as Restaino (fourth from left) and Zusi (third from right) celebrated, along with Daniel, Zusi's son; Eleanor Penn, Zusi's mother; and Lori Borinsky, Neighborhood Preservation Co-ordinator for Silver Lake. With their opening, all but two of 14 stores that were vacant just a few years have new tenants. (Photo By Richard Dickon)

Middle students try mediating conflicts

Several Middle School teachers and eighth-grade students participated in conflict mediation training in the summer at Belleville High School. The program was led by two high school teachers, Angela Di Maggio and Antoinette Mancini.

The program's purpose is to train students and teachers to work with their peers in preventing small disputes from escalating into major confrontations. Through a series of exercises and simulations participants learned to circumvent conflict situations.

The middle school teachers, Eileen Albrecht, Carol Giuffrida, Alina Selva, Barbara Spillane and Vincenza Valenza, worked with the mediators and students Anjoli Doshi, Ariel Peldunas, Vanessa Zazzarino, Cely-Marie Cabezas and Daniel Russomano in sample conflict situations which required mediation.

All participants were taught active listening skills, recognizing

conflict behavior, and methods to defuse the situation. Students and teachers acted out skits in which the mediators learned to remain neutral and allow the disrupting individuals to solve the problem themselves, according to teachers.

Many of the techniques practiced in the workshops can be transferred to other daily problems, teachers said.

"The most difficult part of being a mediator is learning to listen not only to what is being said but to the non-verbal signals as posture, tone of voice, gestures, and eye contact," said Spillane.

In evaluating the program, eighth-grader Anjoli Doshi praised the program. "The Conflict Mediation Program is a great way to make students aware of the problems we face and how to solve them. This will give us better chances to face the problems of society and promote an enriching future," she said.

Bank president named

Fred M. Moses has been appointed president and chief operating officer of the Trust Company of New Jersey.

"He joins our institution at a pivotal time, because The Trust Company is undergoing various changes and improvements necessary to keep us an industry leader," said Sigi B. Wilzig, chairman of the board and chief executive officer.

As the former president of United Jersey Bank, Moses brings a wealth of expertise covering many different areas of banking. His 25 years of banking experience includes strategic planning, credit administration, business development, retail and wholesale banking.

"As president of the Trust Company, he will be involved in every aspect of the bank's operations. Now that the Bank has 45

branches in eight counties and \$2.5 billion in assets, we will be hiring additional personnel, upgrading our technology, introducing new products, and implementing sales training programs," Wilzig said.

The new president views the Trust Company as a valuable franchise. He has no doubt in his mind that the Trust Company's future is bright, and he has already begun to launch a number of new initiatives that will maximize shareholder value," Wilzig said.

Wilzig concluded, "I am extremely gratified that Moses has joined our bank, because now I can spend much more of my time concentrating on developing new business and expanding the bank's relationship with its existing most valuable customers."

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* Pastries sold by the dozen only. * Doughnuts & Buns sold by the dozen only.

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OUR OPINION

Historical recognition useful if it helps bring Belleville's 'rebirth'

A lot of people have chimed in during the last week about the importance of the U.S. House of Representatives' unanimous passage of Resolution 35 to "Commemorate the Birth of the American Revolution" in Belleville.

Some of the talk has been about who should take credit for the Resolution, and former Belleville Times Editor Howard Klausner *does* deserve credit for publicizing the rich historical past of this Township, as do the people previously mentioned, including Congressman Herb Klein, historian Lou Cicenja, the entire Belleville Historical Society and the Chamber of Commerce.

More important than any of this, however, is the question of what this designation can do for Belleville in 1994 and beyond.

The accomplishments of Josiah Hornblower et al, impressive though they may be, will not have a tangible impact in this town unless they are tied to positive changes.

It's now up to Belleville's Council, School Board, Chamber of Commerce and

Historical Society to join forces in translating the Township's rich heritage into a richer future for Belleville's citizens. A creative campaign based on the Birth of the American Industrial Revolution could be a valuable tool in promoting a more positive image to potential new homeowners and merchants.

Such a transformation of image will need to be coupled with real changes, such as improving the town's infrastructure, renovating Municipal Stadium and Town Hall, and the providing the best possible services for tax dollars. All of these things are being seriously discussed, so the opportunity is here, now, in 1994.

With the right forward-thinking, the governing bodies and the organizations interested in improving Belleville can start the ball rolling on making Belleville, in 1994, more closely resemble the Belleville that was spark that ignited the Industrial Revolution. Instead of worrying about who gets the credit, let's work toward that common goal.

Divert \$1 from taxes to fund \$30G drive for bullet proof police vests

If every man, woman and child in Belleville took a \$1 charitable donation tax write off to help the Kiwanis Club of Belleville's fund-raising efforts, the amount would easily exceed the more than \$30,000 they wish use to buy and donate new bullet-proof vests for Belleville Police Officers.

The Belleville Little League, Twin Towing, The Philmore Associates, and Carolyn Contracting should be credited for coming aboard to help kick-off the fund-raising, and to pay for the first vest.

There isn't anyone in Belleville, however, who does not have a 'vested interest' in keeping police officers safer. Most resi-

dents would agree that they cannot see where many of their hard-earned tax dollars end up. From their pocket to the federal, state, county and local authorities, much seems to be lost.

So, why not divert one tax dollar to a place where the results can and will save lives. If it catches on, maybe we can extend it to the town's sewers and other aging infrastructures, along with Municipal Stadium and other school programs.

For now, in one small but significant way, let's take action to enhance public safety by giving police some piece of mind.

Just say not to negative campaigning

When is the last time a campaign commercial was seen on television, heard on the radio or read in the newspaper that was not a negative, cynical, attack-the-other-guy/gal advertisement? Choosing a candidate in 1994 has taken the idea of picking the 'lesser of two evils' to new lows.

Happily, there is a relatively positive campaign for the Second Ward Council seat going on in Belleville. All four candidates have proposed a better future for the Township without calling into question each other's character. Some questions about the conduct of the sitting council have been raised, but that is part of the democratic process.

The bigger the office, however, the larg-

er the size of the mud pies being tossed. As anyone who has seen the commercials for Senator on down can attest, it is no longer important what a candidate can do for his constituents. It is more important to point out the character flaws of his or her opponent. We may soon see someone run under the banner 'Vote for me, I have fewer personality defects than my opponent.'

For now, let's all say no to negative campaigning. If at all possible, support the candidates courageous enough to run on what they have done or promise to do, not on the terrible things they say their opponents have done and will do if elected. We, as voters, deserve better campaigns. Let's cast votes against negativity.

Quotables

It is difficult to make a man miserable while he feels he is worthy of himself and claims kindred to the great God who made him. -- Abraham Lincoln

Be patient with everyone, but above all with yourself. -- St. Francis DeSales

Everything is funny as long as it is happening to somebody else. -- Will Rogers

He that will have his son have a respect for him and his orders, must himself have a great reverence for his son. -- John Locke

YOUR OPINION

Winterized fuel is back this year

To the editor:

Four thousand New Jersey citizens can't be wrong. That's how many people have signed a petition sponsored by Oxy-Busters of New Jersey, a group of concerned people dedicated to removing the fuel additive MTBE from our state's gas tanks.

Gasoline blended with MTBE (methyl tertiary butyl ether) is scheduled to return to the Garden State's service station pumps on November 1. Shortly after that, thousands of New Jersey residents will begin suffering from the severe health problems that have affected us since this fuel was introduced two years ago for use in winter only. However, starting in January 1995, the federal government is requiring gasoline suppliers to sell this product in our state 12 months of the year.

To make matters worse, no consumer information in the form of pump labels will be required to tell motorists if they are buying an MTBE gasoline blend.

They won't know if they are filling their car's tank with a fuel that could make them sick.

Unfortunately, the major oil companies seem to think they're bigger than God and have shown that they value profits over people's health and well-being. After motorists in Alaska complained of headaches and nausea from breathing MTBE-gasoline, the state government banned its use as a fuel.

But whenever challenged, Big Oil representatives claim that gasoline blended with MTBE is safe and ignore countless health complaints from people in New Jersey, Montana, New York, Illinois and elsewhere. When scientists from the federal Environmental Protection Agency asked oil companies to support continued research on MTBE health effects, the industry's trade association said no, they had more important research on their agenda.

Happily, there have been a few glimmers of hope. North Carolina officials have the same concerns as the government of Alaska. Their state toxicologist believes that MTBE should be classified as a high level carcinogen.

Why is New Jersey so slow to act?

Governor Whitman, where are you?

Barry Grossman
Oxy-Busters of New Jersey

We need Treffinger

To the editor:

For over 50 years the Democratic party has controlled Essex County politics. During that time, crime and taxes have continued to increase. Meanwhile, our safety and security have dramatically decreased.

It's time for a change from the corruption, greed, and politics as usual that have stifled Essex County and negatively affected our quality of life. Without a change in direction we are destined to sink deeper and deeper into despair.

We need to elect Jim Treffinger for Essex County Executive.

Mr. Treffinger has proven himself as a successful mayor and businessman. As freeholder he has never once voted to increase our property taxes. Jim Treffinger's intelligence is needed now. He is the right man at the right time. Let's return Essex County to the people and elect Jim Treffinger for County Executive.

Dr. Joseph P. Scarpelli

Food concerns

To the editor:

The concern for the consumer has urged me to write the following observation:

We purchase food with the hope that it is good for our consumption. I have noticed with the very high prices of food items that it does not, in my opinion, meet the standards of nutritional facts for the consumer. Many items have high salt and sugar contents and heaven knows what else. Eating is not enjoyable let alone nutritional. When is this nonsense going to stop. We care about our bodies and what is going into them.

Janice Saint-Martin

WE WELCOME LETTERS

... of interest to our local area. They should be short and to the point, they must be signed for attribution and contain the address and telephone number for verification.



Of All Things

By Frank Orechio
A feature of the Nutley Sun, Bloomfield Life and Belleville Times

• CAMPAIGN literature reaching our mailbox leaves much to be desired in the way of campaign techniques. A "Martini for Congress" mailing asks the question, "Which team do you trust to fight crime?" and pictures of Bill Martini and Essex County Executive candidate Jim Treffinger appear below the headline. The alternative below the pro-Martini-Treffinger piece shows Democrat County Executive candidate Cardell Cooper with his mouth open and Congressman Herb Klein with a death-like facial expression.

Come on boys - Martini and Treffinger should be able to do better. As to which candidates can best be trusted to fight crime - they all want to fight crime with equal energy and resources. This kind of political advertising will not fool the voting public. The other side of the mailer shows a woman at a telephone booth pretending to dial 911 for a cop, and the copy at the bottom of the mailer states that Herb Klein wasted \$7 Billion of taxpayer money on social programs instead of fighting crime. I have known Herb Klein as my attorney for a matter of 14 years. He is everything his opponents say he is not. Klein wants to fight crime just as much as the other guy, and so does Cardell Cooper. And I might add so does Martini and Treffinger.

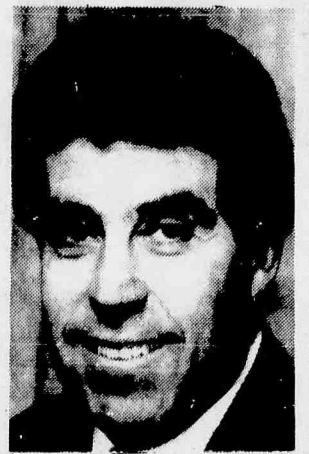
As to the question of death penalty enforcement - that's a problem for the court system. Murderers - at taxpayers expense, get room and board for 10-14 years, a period used for appeals while the family of the dead

mourn their loved ones.

• THE flu season is here. If you want to save yourself some grief this fall, you better see your doctor and get a flu shot.

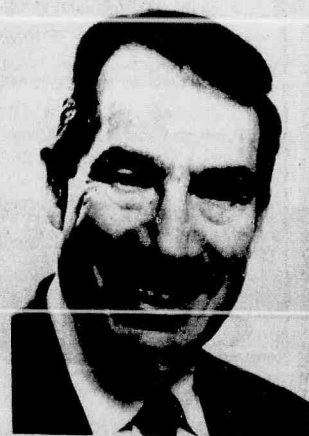
• ESSEX County Sheriff Armando Fontoura is distributing two brochures on AIDS/HIV to help the public better understand prevention and awareness of the disease. Fontoura points to the fact that New Jersey has the highest rate of pediatric AIDS cases, the highest rate among women and minorities are affected by the disease in disproportionate numbers, he reports. As Undersheriff five years ago, Fontoura instituted an AIDS awareness program using Sheriff's Officer Patricia Smith, a registered nurse, to spearhead the effort. Fontoura recruited her to work in the department's public education unit. It is clear from Fontoura's record that he has brought imagination to what has always been considered a political sinecure. As a matter of fact, during Fontoura's first year in office, County Democrat political leaders were moaning over the fact that "Fontoura is not political. Sheriffs before him used to use the 300 plus department as a political organization to sell tickets and get votes. This guy, Fontoura, is not good for the party." If ever there was a voter out there who had a reservation on returning Fontoura to office, the foregoing fact should make it easy to cast a vote for Fontoura. Throughout the state, Fontoura is recognized as a leading professional in the business of law enforcement. I am grateful that he is the first sheriff who doesn't

play politics with his job. He is not looking for higher office. Fontoura just wants to be the best Sheriff.



Armando Fontoura

• LAST week, Congressman Herb Klein was dubbed New Jersey's ENVIRONMENTAL SUPERHERO by the League of Conservation Voters. In its national environmental scoreboard which rates members of Congress according to their votes on environmental issues, the League called the Assemblyman a hero who voted an almost perfect pro-environment record in his first term in Congress. Klein scored the highest of New Jersey's delegation. He received a 96 percent favorable rating. Peter Kelley, the League's communications director, stated, "Klein is awesome. The best in New Jersey."



Herb Klein

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Publisher: Belleville Times Inc.

Published Every Thursday
At 155A Washington Ave.
Belleville, N.J. 07109

Second-Class Postage Paid
At Newark, N.J.
Postmaster: Send address changes to:
The Belleville Times, 155A Washington Ave.,
Belleville, NJ 07109

Editor: Richard Dickon

Social Editor: Helen Maguire
Sports Editor: Michael Lamberti
Advertising: Rene Theodore
Art Director: Diane Lombardy
All departments call:
759-3200
Fax: 667-3904

Annual Subscription: \$16.00
Senior Citizens: \$ 8.00

That's All in Belleville

By Richard Dickon

Art draws school classmates together 44 years later

Two Belleville hometown boys took their talents outside the Township, to make the world a richer, more beautiful place, and after making good, find themselves back together again, some 40 years later.

Frank J. Miele and Warren Kimble graduated from Belleville High School two years apart, in 1951 and '53, respectively, starring on the football team with Wayne Worley, who has been the school Attendance Officer for more than a quarter century. Frank Miele lived on Copper Place and attended School #10, while Wayne went to School #5.

As luck would have it, each went out and made their mark on the world of art. Miele now has a Gallery, 1262 Madison Ave. in New York City. Kimble's paintings, depicting Vermont, where he now resides, are on exhibit from Oct. 11 through Nov. 12, with an artist's reception scheduled for Saturday, Oct. 15, from 2 to 5 p.m.

As often happens at this editor's desk, Frank Miele called me to let me know of this bit of destiny. It seems only fitting that Warren Kimble's "transforms the present into the past" and has "a nostalgic appeal that is universal," since it is his art that brought him and Miele back to their collective past.

Not all the good people raised in the Township choose to stay here their whole lives, but by sharing their talents with the world, they have enriched us all and carried the Belleville banner far beyond the confines of their hometown...

Cornelis and Marie Vander Zwan epitomize what makes a good citizen. Cornelis can be seen at most Council meetings, questioning where his tax dollars are going. Marie is one of the leaders of the Auxiliary at Clara Maass Medical Center, raising funds and smiles to all she touches.

The couple celebrated their 50th Wedding Anniversary on Sept. 3rd, they were the subject of a recent township resolution by the Mayor and Council. Cornelis' story of their

unique courtship bears repeating.

The couple met while Marie was visiting a friend who worked at the Red Cross Center of the Philadelphia Navy Yard in June 1944. Cornelis was a Chief Petty Officer (CPO) in the Royal Netherlands Navy, on Submarine 0 21. After Cornelis had spent four years of action in the European theater of war, fate brought his submarine back to best place for a refit, the Philadelphia Navy Yard and to Marie.

A three-month courtship brought the couple to St. Anthony's Rectory to be married. As newlyweds, the two globetrotted to Philadelphia, Connecticut, then to Perth, Western Australia, with the Dutch Admiralty sending Marie to join her husband just as the war ended. The couple were allowed to visit Cornelis' native Holland, which he had not seen since May 1940, before returning to Belleville upon his discharge in December 1947.

After bouncing around the world as newlyweds, the couple has called Belleville home for 47 years, and Marie's family has been here for close to a century.

With so many older residents considering leaving the Township over high property taxes and dissatisfaction with local government, the Vander Zwans represent family stability and social conscience, raising there three children, Michael, Joan and Pamela, and staying two enjoy their grandchildren, Christine and Jeffrey.


I hope Cornelis and Marie will still be around, Cornelis critiquing the local politicians with his subtle wit, Marie helping those less fortunate, for their 100th wedding anniversary...

When I completed my first column a few weeks, I knew I would leave out someone who has left an indelible mark on myself and this paper in my first six months. Terry Brunn befriended me as a publicity person for several local senior citizens group, sharing her

unique and rich life experiences. Terry is officially a Nutley citizen, but her influence transcends town lines. Her 'Desiderata' poem sits prominently on my computer terminal, and she is a vibrant, marvelous example of what Belleville's senior population has to offer. Thanks Terry! Sorry for the oversight...and by the way, my boss sends his regards

Finally, with the opening of the Emil T.

Restaino and Diane Penn Zusi Law Offices on 80 Franklin Street, all but two of 14 stores that were vacant just a few years have new tenants. Larry Walsh of the Silver Lake District Partnership attributes the boom in businesses to a new vitality in Silver Lake. Good luck to Belleville's newest 'Legal Eagles!'



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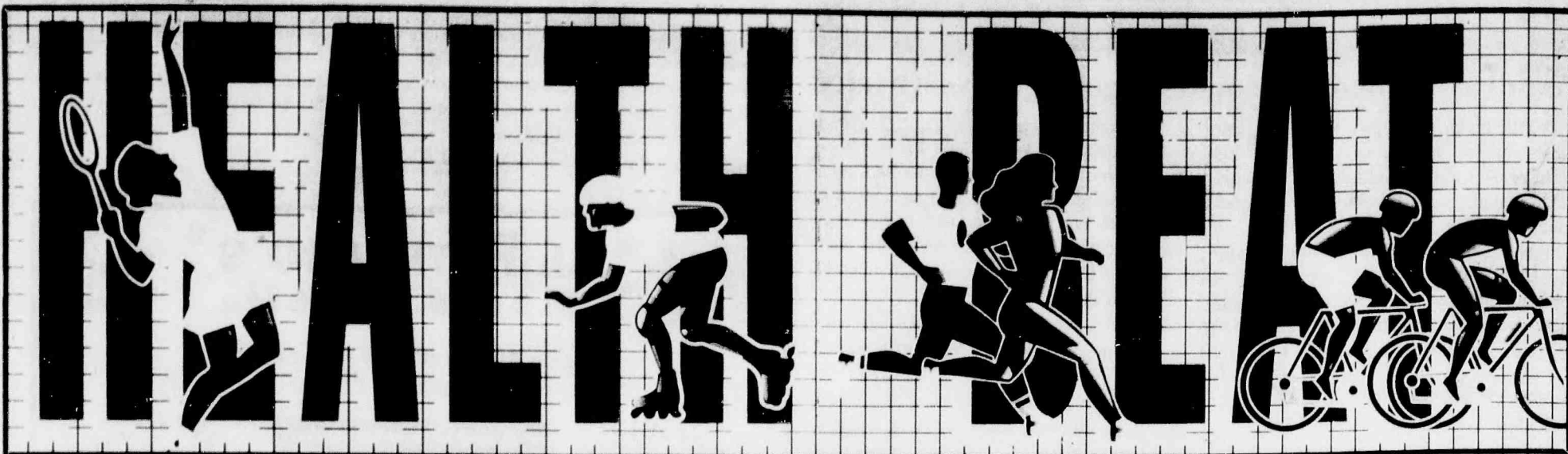
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A Prostate Cancer Screening will be held in the Outpatient Area of the hospital on Monday, November 7, from 6:30 pm to 8:30 pm. This free screening includes a PSA and PAP blood test, a physical examination by a Urologist, and an educational component. Men over the age of 50 are eligible to attend, and men over the age of 40 with a family history of prostate disease are also welcome.

The annual Eye Health

Screening, for individuals who are not under the care of an eye doctor, will be held in the First Floor Classroom on Thursday, November 10, from 8:00 am to 11:00 am. Included in the free program is a basic visual acuity test, a simple and painless pressure test to screen for glaucoma, and a cataract screening. Although consultation with an Ophthalmologist will be included, prescriptions for corrective lenses will not be dispensed and no medication will be provided. Those who wear glasses are asked to bring them.

Both of the free screenings, sponsored by the Community Health Education Department, are by appointment, please call 955-7077.

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Lyme disease: not just deer ticks Mosquitoes, pets, even rabbits, can transmit the bacteria

Move over, Bambi. Lyme disease is spreading to states where white-tailed deer (and the Ixodes dammini tick they carry) never roam. Now, scientists say, the disease is being transmitted by other critters and ticks — even mosquitoes and flies.

Though the white-tailed deer tick is still responsible for most cases, a small number of people have gotten the disease directly from infected animals and other insect bites, researchers reported at an international scientific workshop sponsored by the National Institute of Health.

The scientists gathered in Bethesda, Md., to discuss preliminary research findings and share anecdotal reports. Among the animals now shown to harbor Lyme bacteria, they said, are raccoons, opossums, dogs, rabbits, horses, cattle and migrating birds. (The white-footed mouse has long been implicated as a tick carrier.)

Borrelia burgdorferi bacteria, responsible for Lyme, are on the rise among animals and humans. Named for the Connecticut town in which it was discovered, Lyme disease is now in 43 states, according to the Center for Disease Control. Last year, more than 5,000 cases were reported — more than twice as many as in 1987. "There's no doubt the disease is spreading," says the CDC's Dr. Ted Tsai. What's more it's increasingly a global problem. Lyme starts out with flu-like symptoms, but can lead to arthritis and serious nerve and heart damage — even miscarriage and birth defects.

As the NIH workshop discussed new avenues of infection, Dr. Robert Lane, an entomologist at the University of California, Berkeley, reported that wildlife biologists have contracted the disease apparently without being bitten by ticks. His investigation showed that the scientists probably were infected

after they handled slain deer and came in contact with deer blood that harbored Lyme bacteria.

In fact, the scientists who first isolated the bacteria, Dr. Willy Burgdorfer of Rocky Mountain Laboratories in Hamilton, MT, said he became infected after a lab rabbit's urine splashed in his eye. (Burgdorfer has since recovered.)

It's possible that owners of horses or cows could become infected by inadvertent contact with urine, says Dr. Elizabeth Burgess, a veterinarian at the University of Wisconsin. One study of Wisconsin dairy farmers found that 46% had been exposed to Lyme.

Burgess has seen Lyme spread about tick-free lab dogs, probably via infected dog's urine. She also says cats may acquire the Lyme organism by eating infected mice. (Yes, animals can exhibit some Lyme symptoms, including arthritis, paralysis, even unhealthy offspring). Fleas that bite infected cats can then ultimately pass the organism on to people.

That underscores the wisdom of using flea collars, especially for pets where Lyme is prevalent. For example, one study of dogs in Suffolk County, NY, found that 65% had been exposed to Lyme bacterial. At least one person in Texas and another in Wisconsin may have been infected by a cat flea bite.

The disease has also been detected in some ground-feeding birds, and has spread swiftly along these birds' migratory pathways. Florida health officials have found Lyme cases there and suspect the Lyme bug hitchhiked on birds from the Northeast.

Reprinted for educational purposes by The New Jersey Center for Lyme Disease 1-800-954-LYME.

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Senior citizen groups and other community organizations throughout the State interested in learning about Medicare patients' rights are encouraged to contact The Peer Review Organization of New Jersey to request a speaker to address their membership meetings.

The PRO is an independent physician group that has a contract with the federal government to oversee the medical care provided to Medicare patients in New Jersey. The PRO is responsible for ensuring that the care Medicare patients receive is medically necessary, provided in the appropriate setting, and of a quality that meets accepted professional standards.

Speakers from the PRO provide an overview of the organization and explain Medicare patients' hospital rights under the federal government's Prospective Payment System. The PRO does not charge a fee for this service.

To request a speaker, call the Peer Review Organization's toll-free number, 1-800-624-4557. The number is in operation Mondays through Fridays from 9 a.m. to 5 p.m.



The Newark Beth Israel Medical Center Auxiliary Plaque Committee recently dedicated a plaque honoring the memory of longtime Beth Healthcare Services Corporation Board of Trustees member Martin Jelin. A special ceremony was held before the medical center's Wall of Honor. The plaque was purchased by the Jelin family in honor of the memory of Mr. Jelin. Jelin served on the board from 1955 until he passed away in 1988. Shown admiring the plaque are from left to right: past Auxiliary President Marilyn Rosenbaum of West Orange, medical center President Lester M. Bornstein also of West Orange, Beth Healthcare Services Corporation member Sima Jelin-Lichtman of South Orange, widow of the late Martin Jelin; and Roslyn Holtz of West Orange, Chair of The Auxiliary's Plaque Committee. Holtz, who led the ceremony, also dedicated an Abe and Ruth Wasserman plaque, purchased by the late Mr. and Mrs. Wasserman, and a Chai plaque, purchased by Mrs. Holtz and the late Harry Holtz, M.D.

Newark Beth Israel Medical Center Auxiliary honors Martin Jelin with plaque

The Plaque Committee of The Auxiliary at Newark Beth Israel Medical Center has dedicated a plaque purchased by the Jelin family in memory of Martin Jelin. He was a member of The Beth Healthcare Services board from 1955 until his death in 1988.

A special ceremony was held at the medical center Auxiliary's Wall of Honor. The ceremony was led by Roslyn Holtz of West Orange, chair of the Plaque Committee.

Those in attendance included medical center President Lester M. Bornstein of West Orange, outgoing Auxiliary President Marilyn Rosenbaum of West Orange, and Sima Jelin-Lichtman of South Orange, widow of the late Martin Jelin.

"We have always had a strong affection for the medical center", Mrs. Jelin-Lichtman said. "We are proud to have this plaque dedicated in Martin's memory."

Jelin-Lichtman is currently a member of the board and serves on its Employee Benefits and Pension, Public Relations, and Nominating committees. She is also a member of the medical center's Foundation board.

Holtz noted that plaques, such as the Circle of Friends, give individuals an opportunity to honor loved ones or mark joyous occasions and contribute to a worthy cause.

"I am pleased to honor a man who had always shown dedication and concern for this medical center," Holtz said.

Bornstein added, "The plaques on the Wall of Honor represent a history of compassion, caring, and generosity on behalf of individuals who have been instrumental to the medical center's success."

The Martin Jelin Circle of Friends Plaque represents the Plaques Committee's newest and

most innovative plaque that commemorates all facets of life--including joyous or memorial occasions.

Donations can be made by one or more individuals. Contributions range from \$250, which will inscribe a name on the bronze circle, to \$300 for the silver circle, and \$500 for the gold circle. All contributions benefit the medical center and its programs.

In addition to the Circle of Friends plaque, Holtz dedicated two other plaques: a Chai plaque, purchased by Mrs. Holtz and her late husband Harry Holtz, M.D., and a new memorial plaque, which was purchased by the late Ruth and Abe Wasserman. The Ruth and Abe Wasserman Plaque has been established to perpetuate the memory of a loved one while the Chai plaque is intended to perpetuate a child's birth or acknowledge a special day in his or her life.

More than 700 members strong, The Auxiliary supports the medical center through special events and fund raisers. In the past, The Auxiliary has donated funds to the Children's Center at The Beth, the Critical Cardiac Care Unit, the Renal Center, and the Neonatal Intensive Care Unit.

Newark Beth Israel Medical Center is a 558-bed regional-care, teaching hospital affiliated with the University of Medicine and Dentistry of New Jersey. It is the only hospital in New Jersey where heart and lung transplants are performed. Founded in 1901, the medical center is a member agency of the United Jewish Federation of MetroWest. For a referral to a physician affiliated with Newark Beth Israel Medical Center, call 1-800-THE BETH, weekdays between 9 a.m. and 4 p.m.

Early Detection Is key To Children's Eye Health

You may think you can look into a child's eyes and know his or her innermost thoughts, but what you won't know is whether there's actually anything wrong with the eyes themselves.

So beware!! Undetected vision problems at a young age can have a lasting impact, considering that:

- A person's visual system is usually fully developed by the age of 9; and
- Vision accounts for 80 percent of all learning in a child's first 12 years.

"Children have a 'biological timeclock' that may affect the success of treatment for certain eye problems such as strabismus or amblyopia," said Dr. Walter Shurminsky. "Children may reach a point of no return as early as age nine when treatment becomes difficult or impossible because an eye may have stopped developing."

Strabismus, a misalignment of the eyes, affects one in 25 children. A failure to treat strabismus, a condition not always visible to the untrained observer, may lead to serious and irreversible vision problems. Strabismus is the most common

cause of amblyopia, or lazy eye. A Child with this condition may see dimly out of one eye or may see double images because the eyes fail to work together.

"The critical point for parents is to act sooner rather than later," said Richard L. Hopping, O.D., of the Better Vision Institute, a non-profit organization. "As with most eye disorders and diseases, early detection through a professional eye examination is the best method of preventing the progression of strabismus and amblyopia."

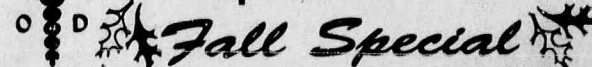
Children with undetected eye disorders may not function well in school. Though they may be of average or above-average intelligence, such children may accept being labeled "slow" and could develop psychological problems.

"Whatever the cause, these eye disorders will not go away by themselves," added Dr. Shurminsky. "Parents must take the first step by visiting an eye-care professional for a thorough eye examination."

For further information contact Dr. Walter Shurminsky, 204 Franklin Ave., Nutley or call him at 667-0331.

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TECHNOLOGY WITH COMPASSION



Tomorrow's Smiles...Today!

Dear Dr. Sutton,

A couple of questions, please. Is it necessary to have teeth cleaned by a "hygienist" every 6 months if a person practices good dental hygiene? In time, doesn't this cleaning wear off the enamel? I am 67 and have always practiced good oral hygiene, no gum disease or problems other than minor fillings. The hygienist in my dentist's office goes at the teeth like she is buffing a car and the car is getting an overhaul. I have never had a loose tooth, but after the last buffing, something felt funny in the lower front part of my mouth. I could actually feel where she had cleaned, probably trying to get rid of a coffee stain, and now the tooth is slightly loose. I went back to my dentist and he said, "Don't touch it!" Why should a tooth all of a sudden feel a little shaky if it is touched? Do I go to another dentist for a second opinion? I do not have gum problems so why should this happen? Please answer in your column of Health Beat.

Dear Ms. Senior Citizen,

Yes, you should always get your teeth cleaned professionally at most, every 6 months. More fre-

quently if you tend to build up large amounts of tartar, calculus or stain or if you notice any signs of redness, inflammation or bleeding. THE BEST WAY TO PREVENT DENTAL DISEASE, BOTH TO THE TEETH AND THE GUM TISSUE IS WITH ROUTINE X-RAYS, CLEANINGS AND EXAMINATIONS! QUICK THOROUGH INTERVENTION VIA EARLY DETECTION, CAN MINIMIZE DISCOMFORT AND REDUCE GREATLY THE COST OF TREATMENT FOR PEOPLE OF ALL AGES!!! These cleanings DO NOT cause the enamel to be

worn down or the teeth to become loose!

It is impossible to make a diagnosis of your loose tooth from your letter. You require an oral examination, an x-ray evaluation of the teeth in question, a periodontal and root evaluation. Only then can an accurate diagnosis be made and a proper treatment decided upon.

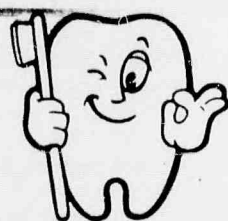
Gum disease is the number 1 cause of tooth loss in the country and it is a silent disease. Often, people realize they have a loose tooth WHEN THEY THOUGHT

EVERYTHING WAS IN GOOD CONDITION. Usually, they are distraught to discover from a thorough analysis that their bone is not in as good condition as they believed. In most cases, teeth which receive proper care can last an entire lifetime. A more thorough exam by your dentist or a second opinion would be a good idea.

Our current political administration, in their infinite wisdom, wants to cut the cost of medical/dental care. The insurance companies are gaining too much power in their control of how and what work the patients can receive. Employers are looking at cost containment. WANT THE ANSWER? PREVENTION!!!

A small cavity, detected early, can be repaired with a tooth colored filling material in 1/2 hour with minimal anesthesia for about \$80. But ignore your routine check-ups, let that cavity grow for two years and you'll wake up with a swollen face, a severely broken down tooth, a gum infection and a very expensive, time consuming, repair bill.

Write your questions to Dr. Michael Sutton, 1400 Broad St., Bloomfield, NJ 07003 who wishes you A HAPPY AND HEALTHY SMILE!



Health Benefits of TAI CHI

Tai Chi a Chinese discipline which originated at least six centuries ago. It was developed as a means to improve health. The unique combination of postures can have the following physical effects:

Cardiovascular System

Thi Chi increases the circulation of blood and oxygen to all parts of the body. The slow rhythmic movements allow people of all ages to improve physical conditioning, decrease fatigue, and develop endurance. Learning Tia Chi does not require over-exertion, but as one progresses, the heart rate increases to aerobic exercise levels. The movements promote deep relaxed breathing. Tia Chi has been found to reduce high blood pressure.

The Skeletal System

One main goal of Tia Chi practice is to achieve proper alignment of the spine with the shoulders and pelvic girdle. Posture is naturally corrected. The slow sustained stretching improves flexibility in all joints. Both of these effects can reduce the natural degeneration of the spine and/or joints that occurs with age.

The Muscular System

All the major skeleton muscle

groups are used in Tai Chi. Slow stretching alternating with full contraction of the muscles relieves unnecessary muscle tension and improves muscle

tone. Strengthening the muscles of the lower back and abdomen is especially good for people with low back pain. Tia Chi also has beneficial effects on the involuntary muscles of the digestive tract.

The Nervous System

Tai Chi develops balance, coordination, and fine motor control. The reflex wiring in the spinal cord is used in the movement patterns and the reflexes are therefore improved. Practicing Tai Chi initially

requires focused attention and therefore improves concentration. When the set has been learned well, it is done with relaxed awareness and can have the same effects on the mind as meditation.

All these effects combined to make Tia Chi a means of reducing stress and preventing stress related diseases. Learning Tai Chi is learning to relax.

For further information contact the Taoist Tai Chi Society at 667-1862.

Michael H. Sutton, DMD, FAGD

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Belleville., Industrial Revolution

(continued from page 1)

engine technology.

His engine was used to pump water from copper mines owned by Arent Schuyler. Copper had been discovered in Belleville in 1715 by an African servant of Schuyler. The mine became so important to the American economy that Benjamin Franklin visited it in 1749, and wrote that the mine owner was awaiting the arrival of a "fire engine" from England to pump out the mine shafts.

Fire destroyed the pump engine in 1767, and the event was reported in the New York Gazette of that day.

In 1792, a consortium of prominent Americans worked with Hornblower to found the Belleville Engine Works in order to produce the first steam engine to be made in America.

In 1798, this engine was used to power the Polacca, the first experimental steamboat in American history, which navigated the Passaic River from Belleville to Newark on Oct. 21, 1798.

In the consortium were Nicholas Roosevelt, Robert R. Livingston, John Stevens and General Philip Schuyler.

It was Hornblower's demonstra-

tion of steam power that set the consortium off in moves that industrialized America.

Roosevelt, great-uncle of both Franklin D. Roosevelt and Theodore Roosevelt, later built a steamship that sailed from Pittsburgh to New Orleans. He also made engines that powered the Schuylkill River Water Works of the City of Philadelphia.

Robert R. Livingston, a writer of the Declaration of Independence and the diplomat who negotiated the Louisiana Purchase, later backed Robert Fulton in the building of the Clermont, the first commercially-successful steamship, in 1807.

Stevens built the first sea-going steamship, the Phoenix, in 1809. With his brothers, he built the first railroad in America, between South Amboy.

All these achievements stemmed from one source, the steam engine technology provided by Hornblower, the man who gave Belleville its name, which means "Beautiful Village."

Hornblower's invention was the forerunners of many other achievements in Belleville. Find out what they were next week.

Cerami

(continued from page 1)

even if \$1 million was cut, would be \$300,000.

"I'll put my head on the chopping block and say \$250,000 was the place to go," Cerami said. "The system leaves a lot to be desired, but until it's changed we have to work with what we've got."

As a member of the Municipal Stadium renovation committee, Cerami said "I agree the stadium needs to be better than it is, but it is not our most pressing issue," adding that repairing the town's infrastructure and improving education are more pressing issues.

Cerami said his appointment, criticized by many, was gotten because the sitting council knew him and they had similar philosophies, and that if anyone questions his autonomy, they can vote for someone else.

The most important quality Cerami said he brings to the council is "objective thinking" as in his business dealings, when he must decide what is best without sentimentality.

"I will say in my short time I am not ashamed of any decision I have made," he said. "They were in the best interests of the town. I am proud of that."

Charzewski

(continued from page 1)

increases for school personnel.

"We can't continue to have these 5, 6 and 7 percent salary increases," he said.

The handling of Municipal Stadium were called "a joke" by Charzewski. "Spending \$100,000 became \$300,000 for what I would call a cosmetic patch-up," he said, explaining that paint has turned colors and most of the renovations have not held.

Charzewski said in 35 years as a business administrator, if he had run his business like the schools and town are run, he would have lost his business.

"You have to make money and sell a product. What are they selling -- taxes? We need to offer people a positive thing, that taxes are low," he said.

"The road to ruin, to the poor house, is being paved with a red carpet of taxation," he added. "I should be relaxing, but I can't just sit back in my chair. Belleville means 'beautiful village,' but I have to ask 'What are you doing to my beautiful village?'"

DiPasquale

(continued from page 1)

coach said.

"The stadium is a disgrace. I played football there in 1979, and it has gone downhill. It needs to be seriously upgraded. My wife can't walk the track it is so bad, but it should be the centerpiece of town. It's the same with playgrounds, there really isn't one in town," DiPasquale said.

Also, DiPasquale said he wants to provide quality services and activities for Senior Citizens. Assisting the Board of Education in eliminating non-resident students from attending Belleville schools is another priority, he said, along with enticing new businesses to come to the Township. Most important, he added, is keeping existing homeowners here.

"I don't think there is enough pride left in town, and if it goes any further, it could be a disaster. I am truly concerned about this town. I am not in this for any other reason but concern for what the future will bring. For the taxes we pay, this should be a nicer place, better than it is now," he said. "I am willing to do the work. I want to at least be able to stay I tried to stay and fight for the town."

Scaperrotta

(continued from page 1)

any other local stadium in any other community, is symbolic and indicative of the people who live in the town," he said. "When people visit the stadium, they must be amazed that we would allow our tennis courts and fields to be kept in unusable condition. This is embarrassing to Belleville."

Scaperrotta said he was outraged when the Girls Tennis team was forced to once again play its matches away from home. "It's time for the Council and the Board of Education to put aside any personal differences they may have, and to work together for the betterment of our community. It's a shame that the only losers in this mess are the children and the taxpayers."

He said he will urge the Council to work with state legislators to help secure state grants to help implement plans.

Scaperrotta said he is the only candidate with both business and government experience.

"I have operated my own business in Belleville for more than a year, and I have extensive knowledge and experience with state and local government. I believe this blend is important to be a successful representative of the people," he said.

Giuffrida Run coming this Sunday

(continued from page 1)

event. It's a full morning of activities, with music, clowns, and face-painting. Prizes will be awarded to the top runners in each age category.

This year, Dr. Len Russo, owner and operator of Russo Chiropractic Center, will be the major sponsor

and will be funding the T-shirts which the runners will receive on race day.

Other key sponsors include: Philmore Associates, Arctic Falls, Councilman Bill Cook, Karl's Appliance, First DeWitt, "Friends of Pa.", Martinique of Pa., the Remodeling Group (which is



Sam Giuffrida

owned by Mike Davis, a former rower for Giuffrida), and Lincoln Technical Institute.

You can sign up for the race at Belleville High School in the main office or in the school library. Application fee is \$12 and that includes the T-shirt. You can also register the day of the event.

Proceeds from the event will fund the Sam Giuffrida Scholarship, which is awarded to outstanding BHS seniors every spring.

This is always an enjoyable event, and it can continue with everyone taking part in the race in one form or another.

If you have any questions, please call Tonia Moore at 744-0408 or Lorraine Leming at 751-6251.

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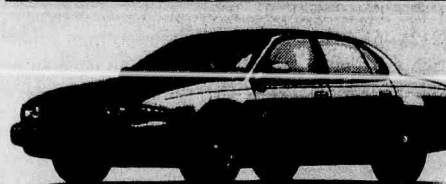
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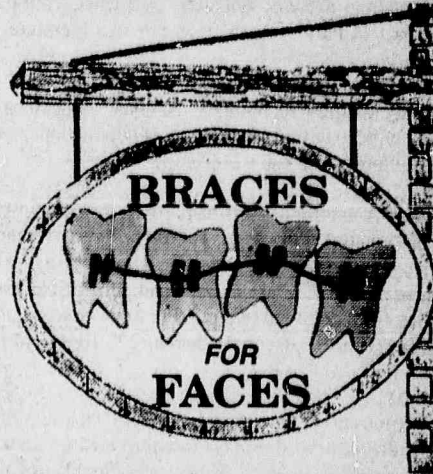
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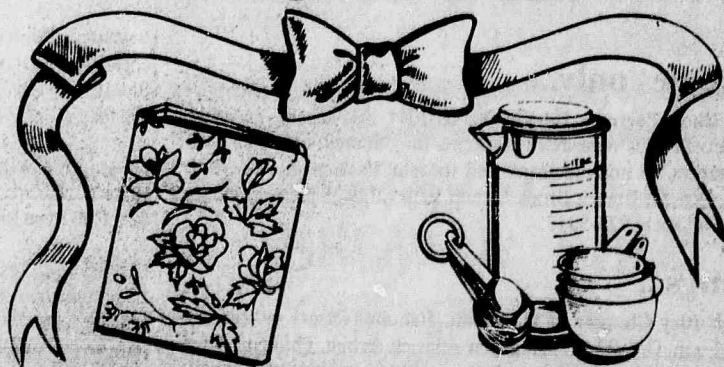
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EVENTS IN THE AREA

Support groups...

Narcotics Anonymous meeting list: **BELLEVILLE:** Monday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Open/book/discussion meeting; **Tuesday, 8 p.m.,** Clara Maass Medical Center, 1 Franklin Ave., Branch Brook Room, Education Center. Men's meeting. Open/discussion; **Thursday, 8 p.m.,** Fewsmith Presbyterian Church, Union Ave. and Little St. Open/topic/discussion meeting; **Friday, 8 p.m.,** St. Peter's Church, rear basement, Williams St. Open/discussion. **NUTLEY:** **Sunday, 7:30 p.m.,** Franklin Reformed Church, Hillside Crescent. Open/meditation/discussion; **Monday, 7:30 p.m.,** St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place. Closed/speaker/discussion meeting. Open to addicts and those who think they have a problem with drugs; **Tuesday, 7:30 p.m.,** Grace Episcopal Church, 200 Highfield Lane. Women's meeting. Topic meeting/open discussion; **Wednesday, 8 p.m.,** Grace Episcopal Church. Closed/speaker/discussion. Open to addicts and those who think they have a problem with drugs; **Friday, 7:45 p.m.,** Franklin Reformed Church, Hillside Crescent. Women's meeting. Open/discussion.

Gamblers Anonymous, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley, 2nd floor. Meetings open to anyone with a gambling problem or those who think they might have a problem. Topic/therapy.

Gamanon, to offer hope and understanding to loved ones of compulsive gamblers, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley.

Alcoholics Anonymous, 7:30 p.m. Wednesdays, 2nd floor, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley.

Recovery Inc., a community mental health self-help group for persons who suffer from nervous symptoms and fears, 7:30 p.m. Wednesdays, Parks Dept., 44 Park Ave., Nutley. For free literature, call (908) 766-7466.

New Jersey Chapter of NAAFA (National Association to Advance Fat Acceptance), social events, human rights information, monthly newsletter. For more information, call 927-3103.

Overeaters Anonymous, self-help group for compulsive overeaters or people with eating disorders, **Tuesdays,** Presbyterian Church on the Green Parish House, Broad St., Bloomfield (7:30 to 9 p.m.); **Wednesdays,** Christ Church, Park and Bloomfield avenues (opposite Grand Union), Bloomfield (8 p.m.). For more information, call 746-4658; **Thursdays,** Grace Episcopal Church, 200 Highfield Lane, Nutley (7 p.m.).

Living With Cancer, for cancer patients and their families, 7 to 8:30 p.m. second and fourth Wednesdays, waiting area of Radiation Oncology Dept., Mountainside Hospital, Montclair. 429-6905 or 429-6128.

Make Today Count, a support group for patients and families dealing with cancer and other life-threatening illnesses, 10:30 to 11:30 a.m. second Tuesdays, first floor of Continuing Care Center building, Clara Maass Medical Center, Belleville. For more information, call 450-2210.

Parkinson Support Group, 10 a.m. third Saturdays, private dining room, Mountainside Hospital, Montclair. Exercise and speech therapy groups meet weekly as well as monthly meetings for caregivers. Call 256-1011 for information.

Arthritis Foundation Support Group, 7 p.m. Tuesdays, Montclair Community Hospital, 120 Harrison St. For info, call 744-7300, ext. 4312.

Adult Bereavement Group, 7 to 8:30 p.m. 10 Wednesdays, The Hospice Inc., 3 High St., Glen Ridge. On-going group for caregivers meets twice a month. No charge. For info or to register, call 429-0300.

PFLAG, Northern New Jersey Parents, Families and Friends of Lesbians and Gays, 2:30 p.m. second Sundays, First Trinity and Presbyterian Church, corner of Irvington and South Orange avenues, South Orange. Newcomers: 1:30 p.m. Write: P.O. Box 244, Belleville 07109-0244 or call 267-8414.

Anorexia nervosa, bulimia, compulsive eating problems. 10 to 11:30 . To register or for free information or referrals, call the New Jersey Eating Disorders Helpline, 1-800-624-2268.

For singles only...

Parents Without Partners, Liberty Chapter 1044, Halloween fundraiser dance to benefit Aids Research Foundation for Children, 8:30 p.m. Oct. 21. \$6 members, \$8 non-members. Call for info. Fashion show, 6:30 to 11:30 p.m. Oct. 28, Branch Brook Manor, Belleville \$25 includes dinner and show. Call Pat at 933-5047.

Meetings...

Belleville-Nutley Chapter of Hadassah, 50th anniversary celebratory meeting, 11 a.m. Oct. 23, Congregation Ahavath Achim, Belleville. Past presidents to be honored, mini-brunch, musical program, induction of new members.

Nutley Concerned Citizens, 7:30 p.m. Oct. 25, Parks and Recreation, 44 Park Ave. Nominations of officers accepted.

Blomfield Columbiettes, 6:30 p.m. Oct. 26, K of C Council, 190 State St., Bloomfield. Mini-Chinese auction for members only. Exemplification of a First Degree for new members prior to regular meeting. Food or money collected for Thanksgiving baskets.

Tri-County Camera Club, 8 p.m. Tuesdays, Nutley Historical Museum, 65 Church St. Anyone interested in photography welcome. For info, call 761-5591 or 667-0325. **Oct. 25:** workshop to be announced.

Catholic Daughters of the Americas, Court Gratia, 8 p.m. first Monday, St. Mary's School Hall, Msgr. Owens Place, Nutley. Social third Monday.

Belleville Irish American Association, Belleville K of C Hall, 98 Bridge St. New members welcome. For info, call Pat at 751-5308.

Rosary Altar Society of Holy Family Church, 7:45 p.m. Mondays, school auditorium. New members welcome.

Woman's Club of Belleville, 7:30 p.m. second Mondays, clubhouse, 51 Rossmore Place.

Essex County Federation of Sportsmen's Club, 8:30 p.m. first Tuesdays, Bloomfield Civic Center, 84 Broad St.

Fairs, flea markets, rummage...

Rummage sale, 9:30 a.m. to 4 p.m. Oct. 21, Belleville Reformed Church, 171 Main St. Sponsored by Ladies Aid Society.

Fall flea market and rummage sale, Oct. 22, Church of the Advent, 498 Watchung Ave., Bloomfield. Rummage sale (rain or shine) in church hall, downstairs, 9:30 a.m. to 1:30 p.m. Flea market (weather permitting) on church lawn. Space \$10 per 8-ft table or 3 card tables. Bring your own tables. For info, call Betty at 672-0418.

Arts, crafts and indoor flea market, 8:30 a.m. to 5:30 p.m. Oct. 22, 23, Belleville Elks, 254 Washington Ave. For table info, call Dr. Len Russo at 450-8471.

Flea market and craft show, 9 a.m. to 5 p.m. Oct. 23, Msgr. Owens Park, Park Ave., Nutley. Over 125 vendors. Fundraiser for Nutley Columbus Day Parade Committee.

Country folk art show and sale, 5 to 9 p.m. Oct. 28 (\$6); 10 a.m. to 5 p.m. Oct. 29, 30 (\$5), Raritan Center Exposition Hall, Edison. Kids under 10, \$2. For info, call (810) 634-4151.

Collectibles, crafts, cake sale, 10 a.m. to 4 p.m. Oct. 29, St. John's Episcopal Church, 215 Lafayette Ave., Passaic. Tables \$15. Call 779-0966.

Giant indoor flea market, 9 a.m. to 2 p.m. Oct. 29, Cerebral Palsy Center auxiliary, 7 Sanford Ave., Belleville. Clothing, collectibles, dolls, crystal, china, baseball cards, JFK memorabilia and much more. No early birds.

Attic sale, 9:30 a.m. to 2 p.m. Nov. 4, Wesley United Methodist Church, 225 Washington Ave., Belleville.

Giant indoor flea market, 9 a.m. to 4 p.m. Nov. 12, American Legion Post 70, 45 Franklin Ave., Nutley. Tables available. Call 667-7734.

Craft fair, 8:30 a.m. to 5 p.m. Nov. 12, St. Thomas the Apostle School, 60 Byrd Ave., Bloomfield. Over 50 vendors. Refreshments. Holiday gifts, cake sale, jewelry, clothing and more.

Fundraisers...

Brunch, 10:30 a.m. to 1:30 p.m. first and third Sundays, American Legion Post 70, 45 Franklin Ave., Nutley. \$5 adults, \$2.50 kids under 10. For info, call 235-9663 or 667-2084. No reservations necessary.

Art show and auction, Oct. 22, Parks and Recreation, 44 Park Ave., Nutley. Over 120 works of art by Heisman Fine Arts Gallery of Ardmore, Pa. Affordable prices. \$7.50 includes wine and cheese at 7 p.m. followed by cake and coffee afterwards. Auction begins at 8 p.m. Door prizes. For tickets, call 667-4812 days or Helen at 667-1198 evenings. Sponsored by St. Paul's Congregational Church, Nutley.

Beefsteak dinner, 7 p.m. Oct. 22, lower level, St. Valentine's Church, corner of East Passaic and Hoover aves., Bloomfield. Catered by Baskingers. Everyone welcome. Featuring Uncle Floyd. \$25. For tickets, call Paul at 743-9033 or Jim at 748-1174.

Outstanding achievement awards dinner and fashion show, Oct. 22, Biase's, Newark. Sponsored by Peter W. Rodino, Jr. Civic Association. \$25. Call Rose Rosso at 484-1112 or Mary DeRosa at 748-8130.

Irish dance, 9 p.m. to 1 a.m. Oct. 22, St. Peter's School, 152 William St., Belleville. Irish and American music by Richie O'Shea and the Frank Keegan Band. Exhibition of Irish step dancing. Beer, set-ups, tea and Irish soda bread. BYOB. \$15. For info, call 759-8805 or 751-2708.

Pancake breakfast, sponsored by Bloomfield Kiwanis, 7:30 a.m. to 1 p.m. Oct. 23, Bloomfield Civic Center, 84 Broad St. \$3.50 adults, \$3 senior citizens and children. For tickets, call 748-5661 or at the door.

"Grease" on Broadway, sponsored by Woman's Club of Belleville, Oct. 27. \$45 includes bus and show. For tickets, call Loretta at 751-4353.

Fish 'n chips dinner, catered by Thistle of Kearny, 5:15 to 7:15 p.m. Oct. 28, Bloomfield Presbyterian Church on the Green Parish House, 147 Broad St. \$8.50 adults, \$4 kids under 12. Tickets at the church office or from 50-50 Club members or by calling 748-8270.

Second annual Oldies Night and Pasta Dinner, 7 p.m. Oct. 29, Nutley Parks and Rec, 44 Park Ave., Nutley. \$12. Sponsored by Nutley Volunteer Emergency and Rescue Squad. For info and tickets in advance, call 667-7487.

Mystery bus ride, Oct. 30. \$45. Sponsored by K of C Columbiettes. For reservations, call Rose Ruffaio at 743-8688.

Casino bus trip, to Caesar's Casino, Atlantic City, Oct. 30. \$25 includes transportation, lunch, games, prizes, \$10 in quarters. Sponsored by People for Animals. For info, call (908) 355-6374 or 789-0725.

Trip to Catskills Villaggio Resort, 4 nights, 5 days, Oct. 31. \$225.

Sponsored by Watsessing Park Tuesday Club. For info, call 450-9424.

Chinese auction, 7 p.m. Nov. 2, St. George Greek Orthodox Church, 818 Valley Road, Clifton. \$4. Refreshments and snacks available. For tickets and info, call 460-1534 or 779-2626.

Chinese auction, 6:30 p.m. Nov. 4, VFW Hall, 513 Veteran's Place, Hasbrouck Heights. Fundraiser for Bergen County Animal Shelter. \$3 includes refreshments.

Fabulous 50's dance, 7:30 to 11:30 p.m. Nov. 5, Immaculate Conception Church Hall, 372 Woodside Ave., Newark. \$15 includes hot buffet and music. For tickets, call 482-0619.

Trip to Bally's Grand, Nov. 6. \$20 includes \$10 coin, refreshments on bus. For reservations, call Loretta at 751-4353.

"Fashions Through the Eyes of Love," 6:30 to 11 p.m. Nov. 10, Wayne Manor, Route 23, Wayne. Cocktail hour and dinner. Fashions by Lulu Jordan by L'armoire. Sponsored by St. Thomas the Apostle Home and School Association. \$35. For reservations, call 338-0417 or 338-8612.

Annual Chinese auction, 7:30 p.m. Nov. 16, Sisterhood Hall, Congregation Ahavath Achim, 125 Academy St., Belleville (behind library). New merchandise plus white elephants. \$3.50 includes refreshments. Tickets at the door.

Mark Charles Holiday Revue, 4:30 and 7:30 p.m. Nov. 16, Montclair State University Memorial Auditorium. Sponsored by Bloomfield Firemen's Mutual Benevolent Association Local #19. For info on special advanced sales discount tickets (2 adults plus 2 kids under 12 for \$19.75) call George DiAgosta at 743-7900.

Buccaneer license plate brackets, \$3, white with blue lettering: Belleville Buccaneers - Pride, Power and Prestige. Call Nina at 751-2688 or Debbie at 751-3987. Fundraiser for music program for K to 12.

Entertainment '95 books. \$40. Can be used now through Dec. 1995. Women's Auxiliary, Nutley Lions Club, Sonja at 235-1500; Sisterhood of Congregation Ahavath Achim, Belleville, 759-9394.

Other events...

Free health screenings, Montclair Community Hospital, 120 Harrison Ave. **Oct. 22:** skin cancer, prostate cancer. Appointments mandatory. Call 744-7300, ext. 4296, 10 a.m. to 2 p.m. Monday through Friday..

70th anniversary dinner dance for Bloomfield Public Library. Nov. 4, Essex Manor, Bloomfield. \$35. For tickets, call Dorothy Johnson at 429-9292.

Walking and Fitness Club, 8 a.m. Tuesdays and Thursdays, rain or shine, Nutley Chapter, American Red Cross. No cost. Call 667-3818.

Class reunions...

Bloomfield 1944. Call 1-800-22-CLASS.

Bloomfield 1974, 20-year reunion, Nov. 26. Still missing: 400 class members. For info or to provide addresses, call 1-800-22-5277.

James J. Shawger School, Belleville, 1959. Contact Angela Cuozzo-Zarro, 54 Salter Place, Belleville 07109.

Belleville 1944, 3 Ode Place, Piscataway 08854-2818.

Belleville 1985, planning reunion. For info, write Class of '85, c/o 15 Smallwood Ave., Belleville 07109.

Belleville 1945, planning 50-year reunion. Viola Scribner Mueller, 2420 Hulick Place, Rahway 07065, (908) 382-0430; Pat Ford Paganelli, 45 Trafalgar Drive, Colonia 07067, (908) 381-2143; Alex Sullivan Mische, 106 Warren St., Nutley 07110; Frank Bemis, 455 Mt. Prospect Ave., Clifton, 07012.

Nutley 1935, planning 60th anniversary reunion, May 1995 in Nutley vicinity. Current addresses of members who have moved in the past 10 years to Fred Heidt, coordinator, 25 Holmes St., Nutley 07110 or call 667-4249.

Belleville 1954, 40th class reunion 7 p.m. to midnight, Nov. 26, Chandelier, Belleville. \$65 per person. Call Matt Pica at 661-4880 or write Patrick Kiernan at P.O. Box 35, Belleville 07109 for info.

Nutley 1974, Nov. 26, Radisson Hotel, Newark Airport. Sal Vigilante, 690-5500.

Bloomfield 1984, Nov. 25, Essex Manor, Broughton Ave. Bloomfield High School Reunion Committee, c/o Terry Nelson-Reynolds or Colleen Moore, 11 Valentine Road, Bloomfield, 07003.

Belleville 1984, 7:30 p.m. to 12:30 a.m., Nov. 25, Chandelier, Franklin Ave., Belleville. Carmen Cerreto at 227-1145 or Nancy Ritschel at 759-9354.

Central High School, Newark, 1945 planning 50th reunion May 20, 1995. Dominick Scaduto, 417 E. Passaic Ave., Bloomfield. 338-7747; **Verona High School, 1984** 10th year reunion, 7 p.m. Nov. 25, The Fairmont, 215 Route 23, Little Falls. Reservations by Sept. 30. Call Deana Luzzi at (212) 463-6675 if you have not heard from committee; **Irvington High School.** Classes of 1945 planning 50th reunion. Gloria Rothstein Rosenkrantz, (908) 255-8435; **Central High School, Newark,** Jan. and June 1944, 50th year reunion. Elmer Wright 743-3376.

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It's unbelievable, 20-30 different hot items, soup, salad, coffee, and it's all included in one low price! With over 120 guests, there is plenty of parking. There have a dinner. Come down you'll love it! A true bargain in an atmosphere where the owners and staff are there to make you happy. We go every Monday night and we bet if you try it you'll come every Monday too! You couldn't buy it for less than this price!

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Friday & Saturday

October 28 & 29

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Christina Seery to wed Victor M. Cocco

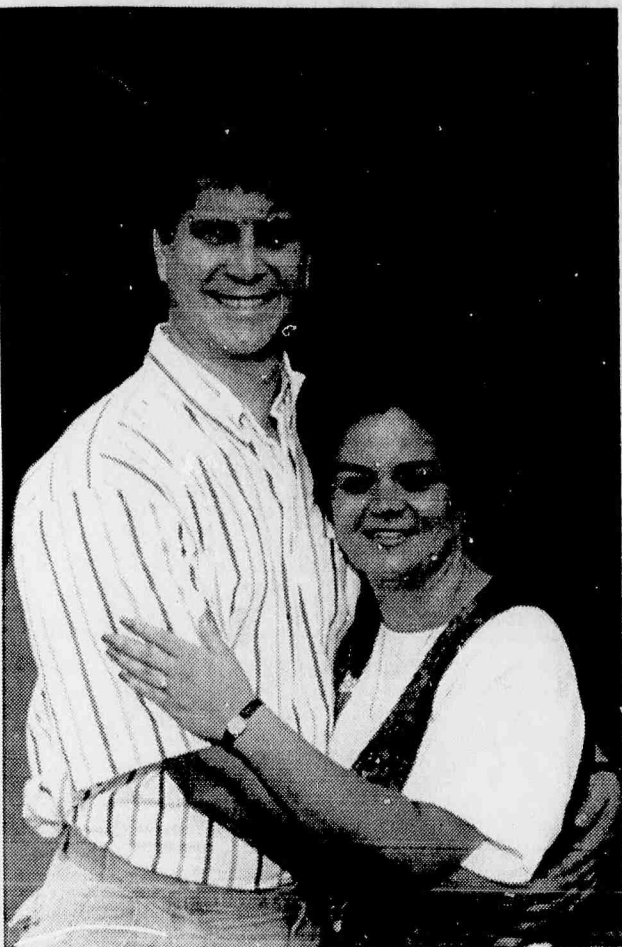
Dorothy A. and Thomas P. Seery of Somerset have announced the engagement of their daughter, Christina Theresa, to Victor Michael Cocco, son of Doris and Victor A. Cocco of Belleville.

Miss Seery, an alumna of Villanova University, is a registered nurse at Overlook Hospital,

Summit.

Mr. Cocco was honorably discharged from the U.S. Navy after seven years of service. He is EMT supervisor with Medical Center Transport, Maplewood.

The wedding is planned for July 1, 1995.



Victor Cocco - Christina Seery

Jeannine Malanga engaged to marry Richard Fiorentino

Mr. and Mrs. R. Malanga of Cedar Knolls announce the engagement of their daughter, Jeannine, to Richard Fiorentino, son of Mr. and Mrs. A. Fiorentino of Whippany.

Miss Malanga, an alumna of County College of Morris, Randolph, and St. Elizabeth's Academy, Morristown, is a senior

administrative assistant with Warner-Lambert Pharmaceuticals.

Mr. Fiorentino, a graduate of County College of Morris and Montclair State College, is an accountant with Arthur-Anderson.

The wedding is planned for August 11, 1996.

St. Paul's art auction Saturday at Parks and Rec

St. Paul's Congregational Church is sponsoring an art show and auction 7 p.m., Saturday, Oct. 22, at Nutley Parks and Recreation, 44 Park Ave.

More than 120 framed works of art will be on display and artists such as Delacroix, Neiman, McNight, Wyeth, Erte and Gorman will be represented. Heisman Fine Arts Gallery of Ardmore, Pa., is conducting the auction.

The evening begins with wine and cheese at 7 p.m. followed by the auction at 8 p.m., coffee and cake and door prizes. Tickets are \$7.50 and may be purchased by calling the church office at 667-4812 during the day or 667-1198 in the evening. They will also be available at the door.

The auction is part of St. Paul's celebration of its 100th anniversary.



Mr. and Mrs. John Struck - nee Susan Nevins

Susan Nevins bride of John P. Struck

Wedding vows were exchanged in Our Lady of the Magnificat Chapel, Kinnelon, by Susan Dee Nevins, daughter of Robert Nevins of Nutley and Gail Nevins of Clifton, and John Patrick Struck, son of Patricia Mathews of Ringwood and the late Robert Struck.

The Rev. David Coppola performed the ceremony which was followed by a reception at Smoke Rise Village Inn, Kinnelon.

The bride was escorted by her father, Lori Giovannucci of Little Falls, was matron of honor. Bridesmaids included Lisa Buehner of Flanders, Joy Carter of Ringwood, Laura Gibbons of Ringwood, Melissa Ruby of Maplewood and Karen Struck of Irvine, California.

Bert Struck of Irvine served as

best man. Ushering were Ron Carter of Ringwood, Patrick Deady of Ringwood, Roger Ford of Cranford, Greg Gibbons of Ringwood and Christopher Quinn of Hoboken. Christopher Corby of Richboro, Pennsylvania, was ringbearer.

Mrs. Struck, an alumna of Belleville High School, is sales coordinator in the export department of Union Camp Corp. headquarters, Wayne.

Mr. Struck, a graduate of DePaul High School, Wayne and Villanova University, Pennsylvania, is a history teacher at Morris Hills High School, Rockaway.

The couple honeymooned at Disney World, Orlando, Florida, after the July 23 nuptials. They have made their home in Ringwood.

Irene Pivarsci bride of Paul Guglielmino

Irene Pivarsci, daughter of Mr. and Mrs. John Pivarsci of Clifton, became the bride recently of Paul Guglielmino, son of Mr. and Mrs. Benjamin Guglielmino of Nutley.

The Rev. Richard Fogel performed the ceremony at Calvary Temple, Wayne. A reception followed at The Bethwood, Totowa.

Escorted by her father, the bride wore a candlelight silk taffeta gown fashioned with short sleeves and full train and accented with lace, pearls and sequins. A floral headband held her veil and she carried orchids, stephanotis and exotic foliage.

Janet Buttacavoli of Nutley was maid of honor. Bridesmaids included Lisa Guglielmino of Nutley, Christine Lambo of Clifton, Linda Karpathy of Maryland, Nicole Carli of Tennessee, Anett Turan of California and Hajnalka Turan of California. Rachel Schmit of Wayne was flower girl.

They wore deep purple silk off-the-shoulder coats over lilac strapless dresses. The attendants carried birds of paradise, lilies, dendrobians, orchids and roses.

Mark Arlotta of Nutley served as best man. Ushering were Ken Plinio of Nutley, John Pivarsci of Florida, John Allen of Whitehouse Station, Steven Carlo of Clifton and Steven Karpathy of Maryland. Ringbearer was Jonathan Szabo of Clifton.

Mrs. Pivarsci chose a peach silk chiffon gown with beaded bodice. Her wristlet was of white orchids with exotic foliage. The groom's mother, in a turquoise crepe two-piece gown accented with beading, had a wristlet of white roses.

Mrs. Guglielmino, an alumna of Clifton High School and Fashion Institute of Technology, New York City, is a fashion designer with Simplicity Patterns, New York.

Mr. Guglielmino, a graduate of Nutley High School and Seton Hall University, South Orange, is a sales representative with Silcock's Plastics, Inc., Berkeley Heights.

The couple honeymooned in Europe following the August 13 nuptials. They are living in Chatham.



Mr. and Mrs. Paul Guglielmino - nee Irene Pivarsci

Stork Club

Rosario Gerard Patrizio

A second child, a son, Rosario Gerard, was born to Mr. and Mrs. Gerard Patrizio, Jr. of West New York, Aug. 16 at Holy Name Hospital, Teaneck. Birth weight was 8 pounds. He joins Randy, three.

Mrs. Patrizio is the former Diane Pluchino, daughter of Mr. and Mrs. John Pluchino of West New York. She is an executive administrative assistant at PaineWebber. Mr. Patrizio, son of Mr. and Mrs. Gerard Patrizio of Belleville, is with PI Installers, Inc., a family-owned business.

Amanda Nicole Parrillo

A daughter, Amanda Nicole, was born to Mr. and Mrs. Robert Parrillo of Belleville October 8 at Clara Maass Medical Center, Belleville. Birth weight was 8 pounds, 10 ounces. She joins Kathlyna Ashley Malloy, two.

Mrs. Parrillo is the former Donna Garcia, daughter of Patricia Garvia of Mickley Run, Penn. Mr. Parrillo, son of Sharon Parrillo of Bloomfield, is in construction with Hunterdon Builders.



CHRISTMAS IN OCTOBER - Members of the Clara Maass Auxiliary planted a 12-foot spruce tree in front of the hospital in anticipation of a tree-lighting ceremony in early December. The Auxiliary recently kicked-off its newest fund-raising campaign, "Holiday Tree." Lights may be purchased for \$5 each and will be placed on the tree in honor of or in memory of a special person. All proceeds will be donated to Clara Maass Health System. From left, Clara Maass Auxiliary members Fran Velardo and Dalla Pignatello, Jimmy Chimento of JC Landscape Construction & Management Co., Inc. and Marie Vander Zwan, president of the Auxiliary.

CASINO TRIP HELPS NEEDY

- BEEJAY is a playful, gentle and obedient German Shepherd and Husky mix available for adoption. This lovable, housebroken two-year-old is neutered and has his shots. Support Beejay and People for Animals by attending a Casino Bus Trip to Caesar's in Atlantic City on Sunday, Oct. 30. A \$25 donation is requested. For info, call 376-6711. Adopt Beejay or one of many cats and dogs, 11 a.m. to 3 p.m. Oct. 22 at Pet Food Giant store on Route 22, Plainfield. For info, call (908) 355-6374 or 789-0725.



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American Heart Association
Fighting Heart Disease and Stroke

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From: NJ Turnpike, Exit #10
I-287, Exit at Rt. #514 (one exit South of NJ Trnkp.)
Garden St. Plwy. N., Exit # 127 > To 440 W to I-287 N.
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Friday eve., 5 p.m. to 9 p.m. Adm. \$5
(Early Buying Privileges)
Sat. & Sun. 10 a.m. to 5 p.m. Adm. \$5
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GOOD THRU
SAT., OCT. 22, 1994

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SAT., OCT. 22, 1994

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Half Gal.
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Solid Pack in Oil or Water
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Belleville

SPORTS



Remembering a Great Friend: Sam Giuffrida

It seemed like yesterday.

September 7, 1970.

The first day of school. I was 11 years old. This was not just a normal first day of school, however.

I was going into the seventh grade, which meant school the next three years would be at the Belleville Junior High School. No more School #7. This was the "big time". There were high school freshmen in the school now, not kindergarten kids.

It was a strange experience. From kindergarten to sixth grade, all my teachers were women. Now, in second period history, on my first day of junior high school, I would find out the experience of having a man teacher.

We sat in the room waiting for the teacher to arrive. Upon entering, this man made it rather clear that we wouldn't be fooling around in his classroom.

"My name is Mr. Giuffrida," the man said. "I'm your history teacher. These are your books. We'll begin with the Revolutionary War. If anyone talks during class, without being given permission, he or she will not like the consequences."

And that was about it. My first dealing with **Sam Giuffrida**. He was my teacher, I didn't get to know him that well in the seventh grade, but I never forgot my first meeting with him.

Now, fast forward five years to the fall of my senior year at Belleville High School. Now 17 years old, holder of a drivers license and basic know-it-all, I once again encountered Giuffrida as a teacher in a split history class.

I knew "G" throughout my junior high and earlier high school days, but didn't have him as a teacher until my senior year following seventh grade. So I figured having him as a teacher would be easy, that I would basically call the shots.

Well, the only shots that I called that year is what part of my arm Giuffrida would punch when I got out of line.

I didn't get out of line that often, but when I did, "G" would be there, letting me know no in no uncertain terms that while I was a tad bit taller than he was, I was in no way in his league.

And, essentially, every male student at Belleville High School knew that. And no one messed with him.

We had fun with him, however, and gained a tremendous amount of respect and admiration for the man.

He was a marvelous crew coach. He was an extraordinary family man. Many times in 1975-76, he would begin history class by talking about his family, his two young children **Michael** and **Carolyn** and his gorgeous wife, **Carol**.

He couldn't say enough about his crew team, especially the '76 shell that won the Stotesbury Regatta and, nine years later, was inducted into the Belleville High School Hall of Fame as a team.

Thankfully, Giuffrida was there the night of the Hall of Fame induction and he enjoyed every moment of that event.

But let's get back to 1976. When he wasn't yelling at me and telling me to grow up, "G" and I would talk for hours on end about sports, competition and his love for the Belleville athlete/student.

I remember him taking students to Europe during the winter recess in February for a ski trip. "G" loved to ski, as did his entire family.

"You're a punk, Lambert," he would tell me, "but if you work hard, you could amount to something. Nothing comes easy in this life, remember that."

He almost told me in June of my senior year that he would miss me upon graduation, but that wasn't his style. I knew how he felt, however.

I remember the Varsity Club dinner in the Spring of '76 and how emotional "G" got when talking about his seniors on the '76 shell and what those kids meant to him.

Fortunately for me, I stayed with the newspaper after graduating BHS and had the chance to cover the crew team for ten years during the Giuffrida reign.

He would speak with tremendous pride of his current teams but would always reminisce about that '76 team.

"All of those kids on that shell are doing great," Giuffrida said. "I think they're all making more money than I am. Great country, isn't it?"

And life went on, pretty much on schedule. The '82, '84 and '85 girls crew teams won national titles, but Giuffrida gave credit to coach **Scott Fabian** for the successes of those boats.

It wasn't "G's" way to take credit for the success of his boats, he just wanted to make a positive impression on those athletes who chose to come his way.

And there were many. A member of that 1976 team, **Mike Davis**, remained close to Giuffrida's family and has been a sponsor of the Sam Giuffrida Run since the race kicked off in October of 1990.

I've told this story before, but since it's the week of the race, it bears repeating.

Mike Davis was a crazy guy in high school. He was also a marvelous crew racer. But Davis, as was typical of most Belleville High School guys back then, would never show any type of emotion. It wasn't cool. What would people think, right?

Anyway, when the crew team was inducted into the BHS Hall of Fame that night in 1985, Davis was chosen to make the speech for his teammates, just about all of whom were there for the induction.

Davis stepped up to the microphone, began to talk, then just stopped, tried his best to regain his composure, and attempted to continue.

If you knew Mike Davis or were a part of the student body at Belleville High School in the mid 1970's, then you would truly appreciate the moment.

Nine years after graduating high school, Davis was hard pressed to put into words the times he spent with Giuffrida and his teammates on the waters of the Passaic.

(Continued on page 14)

Three-way battle for Pacific Division crown

Colucci, Collett foil D. Bosco

By Mike Lamberti

Nick Colucci scored two goals and Steve Collett tallied goals in two straight games, leading the Buc soccer team to victories over league leading Don Bosco, 3-0 and Nutley, 1-0.

Gino DePinto's team didn't have as much success in the Essex County tournament last Sunday. The Bucs lost a 2-0 decision to Newark Eastside.

Nonetheless, the team took a 6-2-3 record into this weeks action. The Bucs faced St. Joe's last Tuesday and will be at Hackensack this afternoon at 4 p.m. for a key Pacific Division game. Next Tuesday, the Bucs will play host to Paramus, at 4 p.m.

While Belleville has been eliminated from the ECT, the league title is still very much within reach.

"We have six big games left in league play," DePinto said. "Right now, we trail Don Bosco by two points in the league race, so every game is vital."

Versus Nutley, the Bucs beat the Raiders for the second time this year. It was a hard fought battle, with Collett scoring the games only goal on a corner kick off an assist from Tom Ranucci.

"Nutley is a very good team," DePinto said. "We expected a real tough battle from them."

Belleville had opened up the season with a 5-1 win over the Raiders.

The big victory came last Thursday when Belleville shutout league power Don Bosco.

After a scoreless first half, the Bucs struck quickly in the second half, on goals by Collett and Colucci.

Colucci, a sophomore who is just getting back into shape after an injury, added a second goal later in the half to seal the 3-0 triumph.

"It was a very big win for us," DePinto said. "It was Don Bosco's

first loss in the league and it kept us right in the race."

Anthony Raczky, Joe Cotugno and Sal Aguiar had assists in the victory over Don Bosco.

Goaltender Natale Guagliardi was brilliant in blanking the potent Don Bosco offense.

Last Sunday, the Bucs were blanked by a good Newark Eastside team in the first round of the ECT.

A penalty kick against the Bucs in the early going turned the tide in Eastside's favor. It was a call that DePinto disagreed with vehemently.

"No way was that a penalty kick," the coach said. "It was a good play our kids part. It was a crazy call."

Eastside scored a second goal late in the half that pretty much clinched the 2-0 win.

"That's the way it goes," DePinto said. "We played hard. Now, we have to concentrate on the league race."

NOTES: Entering this week, Don Bosco was 7-1-1 in the league, with the loss and tie coming at the hands of Belleville. Don Bosco has 15 points in league play.

Belleville (5-1-3) and Hackensack (6-2-1) are tied for second place in the league, with both teams compiling 13 points. A victory is two points and a tie is worth one in determining points.

"Hackensack and Don Bosco still have to play each other again," DePinto said. "And we play Hackensack again (this afternoon)."

Belleville's only loss in league play this year was to Hackensack last month. The Bucs have tied St. Joe's, Teaneck and Don Bosco.

Bucs have five games left in league play. Last year, Don Bosco won the division with Belleville and Hackensack tying for second place.



Anthony Raczky leads the attack during the Bucs' win over Nutley last week. (Photos by Steve Patchett).



Belleville's Joe Colucci slips past Nutley's Gianluca Blanchino to start a rush downfield.

Football team defeated by P.C., 37-14

By Mike Lamberti

Turnovers continue to be the downfall for the Belleville Buc football team.

John Senesky's team dropped a 37-14 decision at Paramus Catholic last Saturday, the teams fourth loss in as many games.

The Bucs will take a break from the NNJIL schedule this week. Belleville travels to Morris County to play Mendham High School. Kickoff time is 1:30 p.m. It's the first meeting, ever, between the two schools in football. (More on Mendham later in this story).

"Turnovers, too many of them," lamented Senesky after last Saturday's game. "We just don't have the team speed to be able to get back into a game when falling

behind by a few scores.

"Injuries have hurt our line a little, and we have young kids learning new positions as the season begins. Against a team like Paramus Catholic, who have so many good receivers, you can't give them good field position, and that's what we did last week."

Belleville committed five turnovers in the game, with two of them leading directly to Paramus Catholic scores in the first half.

The Paladins took a 22-0 half-time lead, scoring 16 points off Belleville turnovers.

The score remained 22-0 until the fourth quarter, when the Paladins scored again and kicked the PAT, increasing the lead to 29-0.

The Bucs first TD came on a six

yard run by quarterback Sal Berardi, who was returning from a knee injury incurred in the season opener against Teaneck.

"Berardi was able to give us some versatility in the backfield," Senesky said. "His speed was a big plus, but Sal tried to make a lot of things happen, and that will occur when you don't play for a few weeks and the team is struggling. He made some mistakes that, if he had played the past few weeks, he might have already corrected."

Senesky was also surprised at Berardi's speed considering his knee is still sore.

"He's going to be hurting today (last Sunday)," Senesky said. "He really took off on the leg, which was a good sign. But it's bound to be sore today."

Leading 29-6, Paramus Catholic added its final touchdown with 4:52 left in the fourth quarter. It was a 24 yard pass from Nunzio Campanile to All American wideout Anthony DiCosmo. The Paladins converted the two point conversion and led 37-6.

The final scoring pass caught the Buc coaching staff by surprise, especially defensive coordinator Joe D'Ambola.

"I know you play the game for 48 minutes," the coach said, "but throwing a pass with a 23 point lead late in the game is a little much."

The Bucs' final tally came with 1:29 left in the fourth quarter, a 70 yard strike from quarterback Ram Parekh to Robert Romano. The Bucs converted on the two point conversion with Parekh once again hitting Romano with a pass.

Romano showed excellent speed after catching Parekh's pass and outrunning the P.C. secondary on

the 70 yard scoring run.

"He's got a lot of ability," Senesky said of Romano. "His open field speed is very encouraging. It's something that can benefit our offense."

Belleville had some scoring chances in the first half, but fumbles and interceptions discounted any possible TD's.

Berardi completed passes to Tom Escott and Anthony Frantantoni in the first half to give the Bucs some hope.

Escott made some excellent catches in the first half, but he suffered a badly bruised sternum late in the second quarter and did not return to the game.

As expected, Paramus Catholic had some excellent wide receivers, mainly DiCosmo, a highly touted senior with good size (6'4" tall) and outstanding speed.

"Our secondary is young," Senesky said. "And we knew there would be some tough assignments for us. I thought our defense showed some good things, especially on the blitz and stopping the running game. But their passing game was very effective. I don't think we'll see an offense like theirs the rest of the season."

On the injury front, Escott is hopeful for this Saturday's game at Mendham. Michael Loney has a shoulder injury, but he should be okay for this weekend.

As for Mendham, Belleville will be in for a big challenge.

A Group II school, Mendham is coming off a 10-1 season in 1993 which included an appearance in the Group II, Section II championship game.

This year, the team is 4-0. (Continued on page 14)



Quarterback Sal Berardi eludes Paramus Catholic defender and looks to pick up yardage. Bucs lost to Paladins, 37-14. They will be at Mendham this Saturday, beginning at 1:30 p.m.

Conte, Bonomo, Brunello pace gymnasts

By Mike Lamberti

While victories have eluded the 1994 Lady Buc gymnastics team, head coach Donna Richardi is very pleased with the teams effort this fall.

The girls will finish the regular season this afternoon at 4:30 p.m. by hosting Ramapo.

"The most important thing is the team continues to improve," Richardi said. "We've been close a few times, and if the scores continue to improve, that's a good accomplishment."

"We've been up against some very good competition. Ridgewood scored 100 against us and they're a defending state champ. Most teams are in the mid to high 80's, so it's a lot to shoot for."

Gina Conte has been outstanding for Belleville. The senior has excelled in all four events, the balance beam, uneven parallel bars, floor exercise and vaulting.

"She's handled the all around as good as anyone," Richardi said. "I honestly feel she's been the best vaulter in the gym in most of our matches."

Junior Maria Bonomo has done very well of late.

"She's been a very good vaulter," Richardi said of Bonomo. "A great deal of improvement over the past few weeks. She's been scoring anywhere from 7.3 to 8.0." Here's a recap of the teams performance since late September.

September 27: Dwight Englewood 86.65, Belleville 71.35.

Conte led the way for Belleville, taking second place in the floor exercise (8.1) and second in vaulting (8.05).

Bonomo took third in vaulting, with a score of 7.7.

"Dwight Englewood had a lot of talent," Richardi said. "It was a good experience for our kids."

September 30: Ridgewood 100, Belleville 69.6.

"Needless to say, Ridgewood is very strong," Richardi said. "There aren't many breaks in the schedule."

Conte finished third in the vault (8.3) and floor exercise (7.95).

October 6: Montclair 85.7, Belleville 72.7.

Conte had one of her best overall matches of the season, winning the vault (8.2) and uneven parallel bars (7.7). She also took second in the

floor exercise, scoring a 7.95.

October 11: Fair Lawn 79.25, Belleville 64.8.

"It was a match we could have won if we performed to our abilities," Richardi said. "We weren't as consistent as we would have liked."

Belleville did receive a pair of first place finishes. Bonomo won the vaulting (7.85) and Conte captured the floor exercise with a score of 7.95. Conte also took third in the balance beam (6.25).

October 14: Wayne Hills 77.1, Belleville 75.0.

"2.1 points," Richardi said of the margin of defeat. "We were close, but it wasn't enough."

Conte was brilliant here, winning the vaulting (7.9), uneven parallel bar (7.5) and floor exercise (8.4). Bonomo scored a 7.4 in the vault and took second place while sophomore Stephanie Brunello placed third in the balance beam, scoring a 6.6.

"Stephanie's been doing very well," Richardi said. "She's a fine all around athlete and will be a very consistent performer over the next few seasons."

Richardi is also happy with the performances of many underclass-

men.

"Lizzie Noonan (a freshman) has done well in three events (uneven parallel bars, beam and floor ex) and could be an all around performer by next season. She's getting better with each meet."

"Carissa Johnsen (sophomore) is doing a good job with vaulting and parallel bars and (sophomore) Tarah Fede continues to do well in vaulting. She scored a 6.8 in the event recently."

Richardi is also pleased with junior Yen Cheng (vaulting, balance beam and floor ex). "She's been very consistent," Richardi said of Cheng.

Sophomores Michele Montalto (balance beam) and Kathy Wengryn (vaulting) continue to improve.

Two other sophs, Karen Auerbach and Nicole Russomano have been hampered by injuries. Auerbach has been slowed by a knee injury while Russomano is hobbled by a bad ankle.

Following this afternoon's match, the focus will be on the conference and state meets, where Conte is hoping to earn an invitation.

Palic, Flores help tennis team blank Paterson Kennedy, 5-0

By Mike Lamberti

Tanya Palic won two matches and the Belleville tennis team snapped a five match losing streak with a 5-0 victory over Paterson Kennedy.

Tony Salese's team ended the season yesterday. Last week, the team lost to Bloomfield and Clifton by 5-0 decisions and dropped a 4-1 match to Paramus Catholic.

"Bloomfield and Clifton have very good teams," Salese said. "We were competitive against Bloomfield, but they were a cut above."

"Clifton had some marvelous players at first and second singles. They were a very good team."

In the Clifton match, Christine DeJesus did a good job at third singles, dropping a 5-7, 5-7 (6-7 in tie breaker) decision.

Versus Paramus Catholic, Palic won a tough three setter, 5-7, 6-1, 6-4 at first singles. The second doubles team of Marinel Edquiban and Darlyn Malunda also played well, winning the first set 6-1, then falling by scores of 1-6, 5-7.

"I thought the Paramus Catholic match was a breakthrough match for Tanya," Salese said. "She did a very good job."

Against Paterson Kennedy, Palic won in straight sets, 6-0, 6-0, Charmaine Flores won at second singles, 6-1, 6-1 and DeJesus breezed by scores of 6-0, 6-0.

The first doubles team of My Dam and Fatima DeJesus won in straight sets, 6-0, 6-0 and the second doubles of Edquiban and Malunda won, 6-1, 6-0.

Entering this weeks action, Belleville was 4-10.

Team contends with life on the road

Reyes pacing JV soccer

By Rocco Constantino

On the road again.

That seems to be the theme for the JV boys' soccer team this fall.

Unable to play any home games this year, the Bucs were forced to make the monotonous trip to Ramsey for the second time this season to battle the league-leading Don Bosco Ironmen last Thursday. Belleville also played somewhat of a home game when they took on Nutley earlier in the week.

George Turturiello's squad split the two games, slipping past Nutley, 3-2, before losing to Don Bosco, 1-0, in a tremendous battle of extremely aggressive teams. Next week, the Bucs play St. Joe's and Hackensack. Both games are on the road again. Belleville also has entered the JV Essex County Tournament and has a bye in the first round due to their lofty number four seed.

In the Nutley game, the Bucs didn't come out as sharp as coach Turturiello would have liked, but in the end, they managed to pull one out.

"Every game's a struggle this year. Some days we get some breaks, and some days we don't. Today we squeaked one out," said coach Turturiello. "It's not like last year when we scored five goals a game. It's always a close game with this team."

In the Nutley game, Hamilton Reyes scored two goals and Martine Arraya had one. Remo Iannitelli was in the net for the win.

Against Don Bosco, the Bucs played one of their most impressive games of the season, even though they lost, 1-0. Don Bosco had beaten the Bucs earlier in the year, 4-0, and has been the top team in the conference this year. Their varsity team was ranked as high as number six in the state, and when a varsity team is that strong, the success is usually echoed through the JV and freshman programs.

Belleville had some chances to score on a couple of late crosses by Hamilton Reyes, but they couldn't convert. The ball just wasn't bouncing the Bucs' way on Thursday. Coach Turturiello credited his team, especially the mid-field and defense, for matching Don Bosco's intensity and talent and added that he felt his team outplayed the Ironmen in some facets of the game.

JV Notes: Belleville is looking to match last year's outstanding performance in the county tournament. Last year, Belleville made it to the final game before bowing out to perennial powerhouse St. Benedict's.

Hamilton Reyes leads the Bucs in goals this season with five.

JV football relies on defense

By Rocco Constantino

The Belleville JV football team continues to play close games and turn out impressive performances against strong teams.

Last Monday, the Bucs dropped a defensive struggle at St. Joe's, 8-0. Two weeks ago, they tied Clifton, 8-8. The Bucs record on the year is 1-1-1.

St. Joe's wore down the Belleville defense with long drives dominated by the run. However, the Bucs didn't crack until late in the third quarter when the Green Knights pushed across the only score of the game.

Belleville couldn't muster much

offense on the day in the limited time they were on the field. St. Joe's defensive line controlled a lot of the game, stopping the Bucs vaunted running attack and thwarting Belleville's passing game with five sacks.

For the third straight week, defense kept the Bucs in the game. The Buc "D" has allowed a mere 24 points in three games this year, and was led by Brian MacIntosh (two sacks) and Tommy Dyer (one sack).

Belleville faces a tough defensive assignment next week when they battle Paramus Catholic in Paramus.

Good Shepherd athletics to hold fundraiser

Good Shepherd Academy of Nutley will hold a Wrestling Impersonation Fundraiser on Saturday, October 22, at Good Shepherd Academy Gym, 28 Brookline Avenue, in Nutley.

All proceeds from the show will benefit the Good Shepherd Athletic program.

Carlo-Serio Sports and the Stars and Stripes Wrestling Alliance will co-sponsor the show as members of The Wrestling Impersonation Association perform funny impersonations from the world of pro wrestling. A total of five matches will take place and the main event will feature Stars and Stripes champion, Johnny Dreamer.

Belleville Sports will sponsor several door prizes and there will be many other attractions at the show, including a "Hot Shot" 3-point basketball shootout for children 16 and under. Refreshments will also be on sale throughout the evening.

Doors open at 7 p.m. and the show begins at 7:35 p.m. on October 22. Tickets are \$5 and will be available at the door prior to the show.

In the past, The Wrestling Impersonation Association has raised funds for the Nutley Central Little League and St. Mary's Youth Group of Nutley.

Team hoping for berth in state tournament, Cerami injures ankle

Worley pleased with volleyball program

By Mike Lamberti

With a state playoff berth on the line, the Belleville volleyball team is in the thick of its NNJIL Pacific Division schedule.

Grace Worley's team was 6-8 heading into this weeks action. The team must be at, or above, the .500 mark by the end of next week in order to qualify for the states.

"We've faced some real good teams this year," Worley said. "Paramus, Paramus Catholic and Immaculate Heart are real tough in our league and in the state rankings. We played Mt. St. Dominic last week and that was a real tough out-

ing for us.

"But the kids are winning the matches they're supposed to win, and that's good. We've also been able to improve the level our game by playing the stronger teams in the state."

Worley is also happy with the progress of the volleyball program at Belleville.

"With a freshman coach in place, I can concentrate more on the varsity and JV," Worley said. "The freshman have a 13 game schedule, and that will only benefit our program in the years to come."

The JV team will compete in a

tournament next Thursday, which will give the underclassmen a chance to play against the better teams in Northern New Jersey.

On the varsity level, Maria Acuna has been doing a very good job at the hitting position.

"Maria made one of the best blocks I've ever seen in the Paramus match," Worley said. "She continues to improve with each match."

The team has been without the services of Jackie Cerami, who has a severely sprained ankle. Cerami will most likely miss the remainder of the season.

"Jackie is a very aggressive

player at the net," Worley said. "Needless to say, losing her will be tough."

Jennifer Palumbo, Jessica Nicosia and Natalie Bonacorsa have been solid contributors to the varsity program.

Patent Elhelw has replaced Cerami in the starting lineup and has done very well.

Senior Andrea Curran is providing consistency at just about every varsity position.

"The next two weeks are key," Worley said of the teams chances at competing in the states.

"The kids are confident that they can move on and play in the state tournament."

Bucs travel to Mendham

(Continued from page 13)

Mendham, a member of the Iron Hills Conference, has not lost a regular season game since 1992.

"They aren't a big team," Senesky said. "But they're a real tough bunch of players. They play fundamentally sound football and are well coached."

"They run out of the double wing, and can remind you a little of Randolph with their physical play and ability to avoid mistakes."

NOTES: Bucs have played an Iron Hills team every year since 1989. Belleville is 1-4 in previous games from '89-93, beating Morris

Knolls 20-14 in '91 and losing to Seton Hall Prep, 28-0 in '89, Morris Knolls, 14-6 in '90 and Randolph in '91 and '92 by scores of 21-9 and 34-14 respectively.

Bucs will play Mendham next season in Belleville. As for this years game, plan on a 45 minute to one hour drive to Mendham. Don't forget, game starts at 1:30 p.m. this week.

After this weeks game, Bucs finally return home, to play Don Bosco. Then, it's back on the road, at Hackensack, before returning home to play Paramus and Nutley.



Buc players get ready on defense during fourth quarter of game with Paramus Catholic last Saturday afternoon. Belleville was hampered by turnovers and lost a 37-14 decision.



There are no small victories in the fight against heart disease.

American Heart Association

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Buc Shots

(Continued from page 13)

Hard pressed not because he didn't remember the times, but hard pressed to put into words the great times shared and what it meant to be back together nine years later.

And, as mentioned, Giuffrida was there to enjoy the moment with his "guys".

"We had a wild time that night," Giuffrida told me on numerous occasions. "I don't think we got home until 5 a.m. the next morning. But it was worth it. It was wonderful."

A year later, "G" suffered a major heart attack. He would miss just about the entire 1986-87 school year, but returned for the start of the '87-88 year.

"I'll always be grateful to you," he told me on occasion, "for being so nice to my family with the articles you wrote about me while I was sick," Giuffrida said to me when I used to call his home to see how he was.

And I was lost for words, because everything I tried to say about "G" was natural, there was no research involved. It came from great memories, dedicated to a man who enriched my life immensely.

So, Giuffrida returned to school, and everything seemed right again. He would no longer coach crew, but he would still go to the races. His "legendary" status in school was in tact, and the students loved to talk to him.

I had said that I would never forget the first day I met this man. Sadly, I'll never forget the day, in May of 1989, when I was told at work that "G" had passed away.

My life had gone full circle, in a way. I was 11 years old the day I met him and now, I'm 30 years old and somehow, had to deal with the fact that "G" was no longer with us.

A year after his passing, the first Sam Giuffrida run would be held at Belleville High School. It was been an annual event since and has always been on a perfect weather day.

Many who were associated with Belleville crew have said the weather is so nice for the race because it makes up for all those rainy days on the water during crew races.

I'm pretty sure Giuffrida is proud of the annual event, in his honor and memory.

I, like many others, wish the event was just in his honor.

At Belleville High School, the ultimate compliment a teacher can receive is the one letter nickname. Carl Corino is called "C", George Zanfini is known to the students as "Z", the late Ed Berlinski was the legendary "B", Rich Ruffalo doesn't have the initial, but he's "Roof" to most of us.

Dennis Villano has just been "V" for at least the past 20 years.

There is, and always will be, just one "G" at Belleville High School.

You can basically say the letter has been retired at BHS. No teacher will ever be called "G" again, no matter what that teachers last name is, no matter what the accomplishment.

This weekend, the Township of Belleville will get together to say those three magic words to Sam Giuffrida.

We love you.

Belleville recreation round-up

Rec Office open for Registration/Photo I.D.s: The Belleville Recreation Department office on Joralemon Street will be open on Wednesday nights, 6 p.m. to 8 p.m. for basketball/wrestling registration and for photo I.D.s, beginning October 12.

Photo I.D.s are required for all adults and children participating in the Open Basketball and Open Volleyball programs in the schools and at the Friendly House. A \$2 fee and proof of residency is required when applying for I.D. cards. Belleville residents only will be admitted into the gyms with their Recreation I.D. cards.

Women's Volleyball Players Needed: The Belleville Recreation Department is taking names of people who would be interested in playing in the Women's Volleyball League on Tuesday nights at School number 3. Belleville resident women, age 18 and older, are invited to put their names on the waiting list, in the event that already-established teams may be in need of individual players to fill out their rosters. Women's teams composed of three-quarters Belleville residents are also urged to apply. If interested, call the Recreation office at 450-3422.

Basketball Coaches Needed: The Belleville Recreation Department is presently seeking adults to volunteer as coaches for its Junior Basketball League for boys and girls. Games are played on weeknights and Saturdays. If interested, call the recreation office at 450-3422.

Men's Open Basketball: The Belleville Recreation Department will offer a Men's Open Basketball

program on Wednesday nights at School number 4, 6 p.m. to 9 p.m., beginning October 19. Belleville resident men, over 18, can participate by showing the gym supervisor a Recreation Department photo I.D. card. I.D. cards may be obtained from the recreation office. Non-residents will not be allowed in the gym. Proof of residency and \$2 fee are required.

Individual players interested in participating in a league may call 450-3422 to leave their name.

Adult Open Volleyball: There will be Adult Open Volleyball for men and women on Wednesday nights, 6:30 p.m. to 9 p.m., at School number 3, beginning October 5. Participation will be restricted to Belleville residents only and Recreation Department photo I.D. cards will be required by the gym supervisor in order to gain admission.

I.D. cards may be obtained from the Recreation office. Proof of residency and a \$2 fee are required. Individual players interested in participating in a league may call 450-3422 to leave their name.

Registration For Rec Wrestling: Applications for Rec Wrestling are now available at the Belleville Recreation Department at 407 Joralemon Street between 8:30 a.m. and noon, and 12:30 - 4 p.m., Monday through Friday.

The Belleville Rec Wrestling program introduces boys, ages 6-14, to the fundamentals of the sport. Basic technique, moves, and strategy are taught to beginners as well as to the more advanced wrestlers. In competition, the boys are matched against opponents of the same weight class.

Rec Wrestling will be conducted on Monday, Tuesday, and Thursday evenings from 6:15 p.m. to 8:15 p.m. in the high school cafeteria, beginning November 7. Tentatively, ages 6-9 will be given basic instructions from 6:15 - 7:15 p.m., while the 10-14 year olds are prepared for league competition between 6:15 - 8:15 p.m.

Boys can register for the activity by completing an application at the Recreation office before participating. Birth certificates are required for all first-time applicants, who must be Belleville residents and can not be above eighth grade.

For further information, call 450-3422.

Basketball Leagues For Grades 3-8: The Belleville Recreation Department is forming basketball leagues for children in grades 3-8, and applications are now available at the Rec office.

In preparation for the leagues, basketball clinics will be conducted at the Middle School Boys' Gym. Clinics will be held on Monday, November 14 and Tuesday, November 15 as follows: Grades 3-4 from 6-7 p.m.; grades 5-6 from 7-8 p.m.; and grades 7-8 from 8-9 p.m. Boys and girls shall attend these clinics together. "Performance clinics" for player assignments will be held November 21-22.

Interested players should pick up application forms at the Rec House, 407 Joralemon Street, and return them with birth certificates before participating. The registration deadline for the basketball leagues is Friday, November 18.

Correction

In the Lady Bucs soccer story last week, the Belleville goalkeeper was incorrectly identified as Kim Carillo. The name should have read: Kim Parillo.

Sound Bites

"He's so green, he didn't realize the fans were booing him." - Sam Huff on Redskins rookie quarterback Heath Shuler.

"We ain't gonna have no sport where you sit down and go backwards." - Frank Howard, athletic director, refusing to adopt crew in Clemson's athletic program.

"Waiting for the Rams to win a Super Bowl is like leaving the porch light on for Jimmy Hoffa." - Milton Berle.



Offensive coordinator John Apicella gives instruction while head coach John Senesky (r) looks on.

Cocchi bowls perfect game

Nutley's Tony Cocchi bowled a perfect game at Brunswick Olympic Bowling Center in Belleville on Friday, October 7.

Cocchi, who is 68 years old, was competing in the Belles & Beaux League. He rolled a 170, 300, and 178 for a 648 series.

For his perfect game, Tony will receive a ring from the American Bowling Congress, a watch for 100 pins over average, a senior patch for 75 pins over average, and a \$100 savings bond from Olympic Bowling Center.

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Jr. Bucs 'A' Team falls to powerful Paterson, 12-6

The Belleville Junior Bucs "A" Team clashed with unbeaten, unscored-upon Paterson last weekend, and although they didn't win, the Bucs came away with a moral victory.

The Jr. Bucs (4-2) lost the game, 12-6, but their defense did a fantastic job all day. Anthony Marcantuono, Joe Morgan, and Mike Biase were the leaders of the Buc defense that allowed only six points at intermission.

Paterson scored first, but Belleville quickly responded with a seven-yard touchdown strike from Mike Biase to Frank Zarro. The extra point failed, and the score was deadlocked at 6-6 during intermission.

Unfortunately, Paterson won the game in the second half thanks to a breakaway run.

Next week, the Jr. Bucs "A" Team will be home to take on Clifton.

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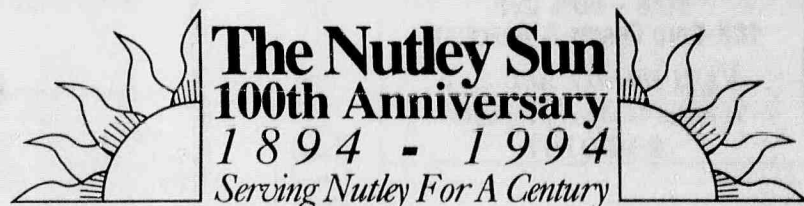
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October 20, 1994

Dear Advertiser,

In celebration of its 100th anniversary, *The Nutley Sun* is printing a special commemorative edition on November 17 that is certain to be a breeze for all of Nutley. A complimentary copy will be delivered to every home in town.

This centennial edition will have something of interest to everyone. It will be made up of several sections including business and industry, personalities, religious institutions, cultural activities, town government, education, sports and the history of *The Nutley Sun*.

Your advertisements are as much a part of the success of our newspaper as are the stories. Therefore, we invite you to join in this project by leaving your mark on our pages of Nutley history. I would welcome the opportunity to review advertising possibilities with you.

Prime locations are available in the section of your choice but space is limited and going fast, so it is imperative that you contact me soon. I can be reached at 667-2700 Monday through Friday. I will be more than happy to call upon you and discuss how *The Nutley Sun* can best serve your business.

Looking forward to having you participate in our anniversary celebration, I remain,

Bob Nutley
Bob Nutley
Advertising Manager

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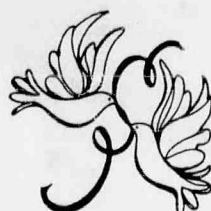


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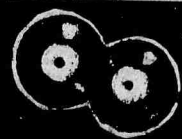
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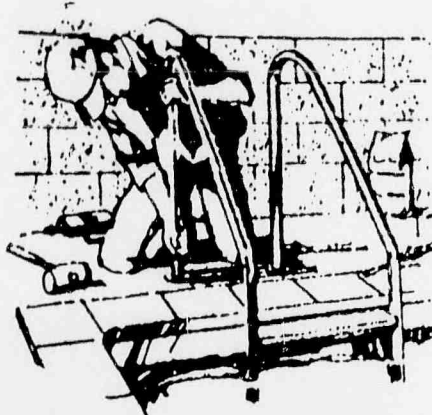
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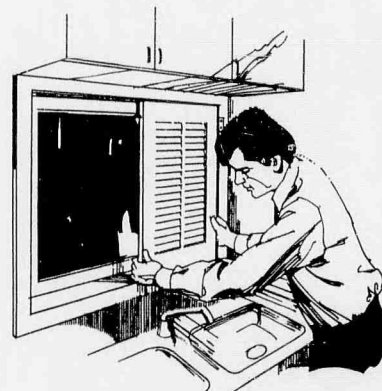
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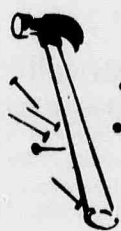
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Josephine Donovan, 68

Josephine Donovan, 68, of Freehold died Oct. 10 in the Central State Medical Center, Freehold.

A Mass was offered Oct. 13 in the Our Lady of Mt. Carmel Church, Montclair, following the funeral from the Caggiano Memorial, Montclair.

Mr. Donovan was a school bus driver for the Freehold Regional High School District for 12 years. She had earlier worked for the meat departments of A & Ps in Belleville and Freehold for 20 years.

Mrs. Donovan was a member of the Meat Packers Local 442 of Belleville.

Born in Newark, she lived in Belleville before moving to Freehold 20 years ago.

Surviving are her husband, David J.; a daughter, Mrs. Kathy Cullari; a son, Frank Fusaro; her mother, Mrs. Elizabeth Albanese; a stepdaughter, Mrs. Joan Raffa; a brother, Stephen Albanese; a sister, Mrs. Matilda DePalma, four grandchildren and three step-grandchildren.

Ronald Giuliano, 46

A Mass for Ronald Charles Giuliano, 46, of Belleville was offered Oct. 11 in St. Francis Church, Newark, following the funeral from the Zarro Funeral Home, Bloomfield.

Mr. Giuliano, who died Oct. 6 in his home, was a laborer with the Passaic Valley Sewage Authority

for two years. Earlier, he had been the head of security for the Newark Housing Authority.

Born in Newark, Mr. Giuliano moved to Belleville 29 years ago.

Surviving are his mother, Mrs. Phyllis Giuliano, and a brother, Richard.

Obituaries

George Toto, 82

George A. Toto, 82, of Belleville, former head of the state credit union league, died Oct. 7 in St. Joseph's Hospital-Medical Center, Paterson.

A Mass was offered Oct. 11 in Holy Family Church, Nutley. The funeral was from the S.W. Brown & Son Funeral Home, Nutley.

Mr. Toto was a quality control inspector with Walter Kidde & Co. in Belleville for 40 years before retiring 17 years ago.

Mr. Toto was the founder of the Walter Kidde Federal Credit Union, serving as president for 50 years.

During World War II, he was a defense job instructor at Walter

Kidde and had served as financial secretary of Local 146 of the United Auto Workers.

Mr. Toto was president of the New Jersey Federal Credit Union League from 1976 to 1981 and was the national director of the Federal Credit Union League from 1965 to 1981.

Born in Newark, he lived in North Arlington before moving to Belleville 47 years ago.

Surviving are his wife, Ruth; two sons, John and Thomas; three sisters, Mrs. Anna Phillips, Mrs. Antoinette Bass and Mrs. Mary Soto, and five grandchildren.

Charles Sorhagen, 68

A memorial service for Charles J. Sorhagen, 68, of Sun City Center, Fla., who had been a realtor in Caldwell, was held Oct. 5 in the First Presbyterian Church of Caldwell, Caldwell.

Mr. Sorhagen died Oct. 4 in his home. He had been the owner and broker of Quanton Associates, Caldwell, for more than 40 years before retiring three years ago.

He was a graduate of the New York University School of Commerce.

Mr. Sorhagen was an Army veteran of World War II and saw action

in the Battle of the Bulge, where he was wounded and received a Purple Heart.

Mr. Sorhagen had been president of the West Essex Board of Realtors and was a member of the Kiwanis and the American Legion in Caldwell.

Born in Belleville, he lived in Caldwell before moving to Sun City Center three years ago.

Surviving are his wife, Carol; a son, Douglas; a daughter, Mrs. Leslie DeSessa; a stepson, David Solakian; a stepdaughter, Susan Solakian, and six grandchildren.

Joyce Guerin, 59

Services for Mrs. Joyce Guerin, 59, of Denville, a nursing director in Montclair, were held Oct. 19 in the Parsippany Presbyterian Church, Parsippany-Troy Hills. The funeral was from the Norman Dean Home for Services, Denville.

Mrs. Guerin died Oct. 14 in her home.

She was the director of nursing and social services at the Geriatric Center in Montclair for a year. Earlier, she had been social director at the Morristown Rehabilitation Center and a registered nurse at the Royal Victoria Hospital in Montreal.

In 1955, she earned her nursing

degree from Royal Victoria Hospital School of Nursing. She was graduated magna cum laude with a bachelor of arts degree in 1986 from Montclair State College.

Mrs. Guerin was a member of the Contact Hot Line at Pequannock.

Born in Amherst, Nova Scotia, she lived in Montreal, Nutley and Belleville before moving to Denville 26 years ago.

Surviving are her husband, Donald; a son, Roderick; her mother, Mrs. Pamela Kennedy; a brother, Hugh Sutherland, and one grandchild.

Child safety seats questioned

The New Jersey Division of Highway Traffic Safety recently announced an initial decision regarding Fisher-Price child safety seats that do not comply with the flammability requirements of the federal child safety seat standard.

According to division director Colonel Peter J. O'Hagan, USMCR Ret., the National Highway Traffic Safety Administration (NHTSA) has stated that government compliance tests, as well as tests conducted for Fisher-Price, show that the shoulder belt webbing on seven models of Fisher-Price child safety

seats burned faster than the four inches per minute allowed by the standard, thus placing children at increased risk from fire.

The Fisher-Price child safety seat models are A09101, D09101, 9103, 9149, 9173, 9179 and 9180, manufactured between January 1988 and September 16, 1993.

Parents who have questions about this or any other car seat recall can call the Division of Highway Traffic Safety at 1-800-422-3750 or the National Highway Traffic Safety Administration at 1-800-424-9393.

Speakers available on Medicare

Senior citizen groups and other community organizations throughout the State interested in learning about Medicare patients' rights are encouraged to contact The Peer Review Organization of New Jersey to request a speaker to address their membership meetings.

The PRO is an independent physician group that has a contract with the federal government to

oversee the medical care provided to Medicare patients in New Jersey. The PRO is responsible for ensuring that the care Medicare patients receive is medically necessary, provided in the appropriate setting, and of a quality that meets accepted professional standards.

Speakers from the PRO provide an overview of the organization and explain Medicare patients' hospital rights under the federal government's Prospective Payment System. The PRO does not charge a fee for this service.

To request a speaker, call the Peer Review Organization's toll-free number, 1-800-624-4557. The number is in operation Mondays through Fridays from 9 a.m. to 5 p.m.

Fair cancelled

The Essex County Department of Parks, Recreation and Cultural Affairs announced that the "Heritage and History Fair," scheduled for tomorrow through Sunday, Oct. 21, 22 and 23, has been cancelled. This fair was to take place at Tulip Springs in South Mountain Reservation.

The county regrets any inconvenience to participants. Individuals and organizations wishing further information should contact Tom Willard of the Division of Cultural and Historic Affairs at 857-8530.

LEGAL NOTICE

TOWNSHIP OF BELLEVILLE

PLANNING BOARD

PLEASE TAKE NOTICE

THAT the Township of Belleville Planning Board has scheduled a special meeting on Thursday, October 27 at 8:00 p.m. at the Belleville Town Hall, 152 Washington Avenue.

Gregory Comito

P.P. A.I.C.P.

Director of Planning

Belleville Times

Oct. 20, 1994

Fee: \$8.37

No. B94-604

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Chiropractors

ARE YOU IN PAIN?

DO YOU SUFFER FROM:

- Back Pain?
- Neck Pain?
- Headache/ Dizziness?
- Numbness in Hands, Feet, Arms, or Legs?
- Shoulder Pain?
- Auto Accident Injuries?
- Work Related Injuries?



Don't
Suffer
Needlessly!

If you answered "yes" to any of the above,
you need to call for an appointment, today!

DR. WAYNE R. BROWN
Chiropractic Physician

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Most Insurances Accepted-Convenient Hours-Same Day Appointments Available

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Certified School Social Worker

Low Cost Professional
Consultation & Counseling
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SPECIALIZING IN:
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Bloomfield

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D.M.D.

Vincent P. DeVincentis, D.M.D.

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Cosmetic & Implant
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Bloomfield

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As Little As

\$30 per week

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For Details

Pharmacy Footnotes

Vincent
Cozzarelli
Reg. Ph.

POSITIVE THINKING AND HEALING

One of the more curious phenomena associated with trails designed to test the efficacy of medicines and treatments is the "placebo effect." This term applies to the body's own natural healing ability as triggered by the mere belief that a medication or treatment will work. It is generally thought that placebos work in 35 percent of patients. However, a recent study based on a review of three books and 75 articles over 15 years has shown the placebo effect to be much higher. In fact, studies show placebos to be effective in up to 70 percent of patients who get ineffective treatment for many disorders. This serves to demonstrate the mind's considerable healing power and the role of positive thinking in getting well.

Treatment of any disorder starts with a visit to your physician. When a prescription is given prompt service is always available at ROSSMORE PHARMACY, 338 Washington Avenue (759-1968, 759-1956). We carry many different items including greeting cards, Russell Stover candies, cosmetics, toiletries, and baby needs. Open: 9am-10pm daily, 9am-9pm Sundays.

P.S. In one study, the placebo effect was shown among asthma patients whose airways expanded when given inhalers filled with water and told they contained a potent drug.

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WORSHIP CALENDAR



CHRIST EPISCOPAL CHURCH

393 Washington Ave.,

Belleville

Sunday Services:

8:15 am, Holy Eucharist

9:00 am, Church School

10:00 am, Holy Eucharist

(w/nursery)

Everyone is Welcome!

The Rev. Carolyn Lumbard, Rector

751-0616

Nutley Assembly of God

A Church of True Faith & Abundant Life

65 Bloomfield Ave., Nutley

Sunday: 9am Sunday Bible School

All Ages

10:00am Morning Worship

Children's church provided at all

services ages birth through nine

Sunday services only are held at

Nutley Junior High School

Thursday: 7:30pm

Revelation Knowledge Seminar

(Pastor Bruno teaching)

667-4920

VINCENT UNITED

METHODIST CHURCH

100 Vincent Place, Nutley

"In The Heart Of Town"

SUNDAY WORSHIP

10:30 am

also, in addition on

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"A Good Week"

CHILDCARE PROVIDED

SUNDAY SCHOOL

FOR ALL AGES 9:15 AM

Leon F. Weaver,

Pastor

667-5440

COME, SHARE, REJOICE.

PARK UNITED METHODIST CHURCH

Broad & Park Sts., Bloomfield

Sunday Worship

10:45AM

Bible School for all ages

9:25AM

"Childcare & Transportation

Provided"

Rev. Wayne Jack Plumstead,

Pastor

429-7745

To Have Your Church

Listed in our Calendar

Call: 667-3000

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BUSINESS HERE
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667-2100

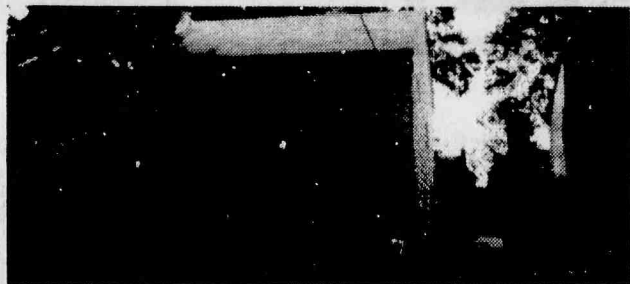
SHOWCASE OF FINE HOMES



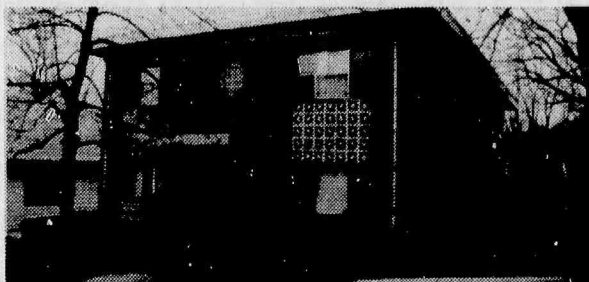
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Nutley, N.J. 07110
667-3440

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ASKING \$165,000. NUTLEY PARK
6 extra large rooms, frpl in LR, att. gar. This home has lots of potential. It does need some work but worth it for this wonderful location.



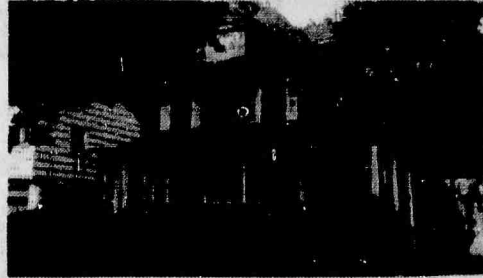
4 FAMILY - BELLEVILLE
Near Nutley Line. Extra large lot, 3 car garage + add'l parking, many recent upgrades. Brick & masonry construction. JUST LISTED AT \$265,000.

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WHAT YOUR
HOUSE IS
WORTH
TODAY?**

We offer a current market
value analysis...
Just pick up the phone & call.



REALTOR



BROOKDALE-BLOOMFIELD-ASKING \$167,000.
Wonderful family home close to shopping, schools & NYC trans. Beautiful new oak kitchen, 4 + BR's, 1 1/2 baths, huge rec. room, nice yard.

Too New For Photo



LAKE MOHAWK-SPARTA-ASKING \$114,000.
Perfect starter home on dead-end St. w/extra lg. lot. Cathedral LR w/frpl, screened rear porch & low Taxes. Nice condition throughout.

FREE THINGS TO SEND FOR

(NAPS)—To learn about credit unions and for help in finding a credit union you may be eligible to join, you can call the Credit Union National Association at 1-800-358-5710.

For free information on AVIA Group International's full line of athletic performance footwear and apparel, call 800/345-2842.

An informative brochure about viatical settlements—converting insurance policies into a substantial lump sum of cash—is available free by writing to: Life Partners, Inc., 6614 Sanger Avenue, Suite 20, Waco, Texas 76710, attn: Ms. Carol Hagler; or by calling (817) 751-7797.

For a free brochure on car engine care, write: *How to Treat Your Engine Right*, The Shaler Company, P.O. Box 471, Waupun, WI 53963.

For a free brochure that can tell you what you should know about congestive heart failure (CHF), call 1-800-497-0360. The

brochure is being offered as part of a nationwide education campaign launched by the non-profit Alliance for Aging Research and the National Heart, Lung and Blood Institute.

To order a copy of a full-color, 16-page brochure on taking better pictures, call PIC (Photography Information Council) at 1-800-599-5929.

For a free tips booklet and information on the FreeStyle™ trackless shower door system, call 1-800-895-4774, or write to: Sterling Plumbing Group, 2900 Golf Road, Rolling Meadows, IL 60008, attention "Sterling Fundamentals."

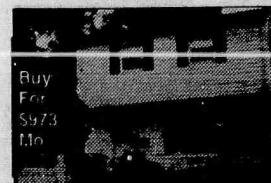
For free travel information on trips to Korea call the Korea National Tourism Corp. in Los Angeles at (213) 382-3435.

A free pool safety kit is available to pool owners with KUSS-brand vinyl liners installed between 1980 and 1990. Call 1-800-880-7053.

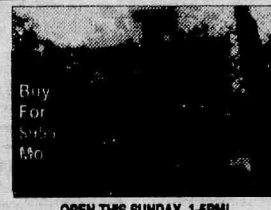
ADVERTISE!



OPEN THIS SUNDAY, 1-5PM!
53 GILLESPIE ROAD, BLOOMFIELD
Charming St. Valentine's area 3 bedroom home features exciting new eat-in kitchen, hardwood floors and more! \$154,900.



OPEN THIS SUNDAY, 1-5PM!
40 JACKSON STREET, NUTLEY
Just reduced and priced to sell! Mint condition Colonial on cul de sac, huge master bedroom, finished basement, Florida room, large property, Yanticaw schools. \$159,900.



OPEN THIS SUNDAY, 1-5PM!
43 EDGEWOOD ROAD, BLOOMFIELD
Lovely starter Colonial with 3 bedrooms, updated bath and third floor office or teenager's room. \$157,000.



OPEN THIS SUNDAY, 1-5 PM
24 WHARTON AVE., NUTLEY
Stop by and see this 3 bedroom Colonial in the Yanticaw section! \$174,900.

As a convenience to the buyer, monthly payments are included in our ads.
For purchase prices up to \$200,000, monthly mortgage payments (principal + interest) quoted in our ads are to qualified buyers, based upon a 20% downpayment and a conventional 30-year fixed rate loan at 8.375% with 3 points, APR of 8.708%. As an example, a \$100,000 loan would mean 360 monthly payments of \$760.07. For purchase prices from \$200,000 to \$250,000, the monthly payments are to qualified buyers based upon a 20% downpayment and calculated at 8.500% with 3 points on a "Jumbo" 30-year fixed rate mortgage with an APR of 8.894%. An example of a \$200,000 loan would mean 360 monthly payments of \$8,844.57. Figures herein are approximate and do not include property taxes, hazard insurance, or homeowners' association dues for a condominium purchase. Interest rates quoted are as of September 1, 1994, and subject to change. Not responsible for typographical errors; while information is believed accurate, we request that the payment be verified with a mortgage provider prior to purchase.

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RADCLIFFE COLONIAL - 6 room center entrance home with 1 1/2 baths plus family room plus open barbeque on rear deck.

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Board of Realtors sponsors food drive

The Bloomfield, Glenridge, Nutley & Belleville Board of Realtors is collecting canned and dried foods which will be given to those in need from our area. Every little bit we can collect will help provide families with basic staples at a time in which it is greatly needed.

From now through November 11th we will be collecting canned and dried food items. You can drop off your donations to the Bloomfield, Glen Ridge, Nutley & Belleville Board of Realtors office at 375 Broad Street in Bloomfield.

Once the food is collected it will be distributed to 3 food pantries in our area. Saint Mary's in Nutley, Saint Peter's in Belleville, and Sacred Heart Church on the Green in Bloomfield. From there, the food will be given to those in need.

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478 RIDGEDALE AVENUE
(Corner of Garden St.)

EAST HANOVER, NJ 07936
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HANOVER - FLORHAM PARK AREA?
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Your Morris County Connection

(201) 386-5888

Install Smoke Detectors

...because dreams can
go up in smoke.

National Safety Council

BLOOMFIELD Pristine Colonial



This lovely 4 Bedroom Colonial Is A Must See. Living Room with working marble fireplace, ceramic tile throughout Dining Room & Kitchen, 2 baths, 3rd Floor loft can be used as 5th Bedroom, finished basement. New windows & vinyl siding.

Call Celeste for appointment.

COSTANTINE REALTY

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HOURS:
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9:00am - 5:00pm
DEADLINE TUES.
12 NOON
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ATTENTION! AUTO PARTS

WILL PAY CASH FOR ANY JUNK CAR IN ANY CONDITION

Highest prices paid for late models

USED CARS & TRUCKS

991-4246 or 991-0081

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USED PARTS

1985 300 CX, red, original owner. All options, 117K hwy mi. year old trans. A/C, Heater & brakes. Work receipts on hand. \$2,900 Firm 338-8696

1988 Honda Accord LX, 4 DR, 5 spd, all power, air/m cassette, AC, sunroof, alarm, BR wheel, cruise, rear def. Mint cond. Hi hwy mi. Orig owner. \$5,975. 667-7833

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Cars Auctioned by DEA, FBI Nationwide. Trucks, Boats/Motorhomes/Computers/More! Toll Free! 1-800-436-8867 X A-2460

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"CASH PAID" ANY CAR, ANY TRUCK OR MOTORCYCLE
IMMEDIATE CASH PAID, CALL ANYTIME
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201-483-7880

MOTORCYCLES

BIKES & SCOOTERS

1990 KC 500 CC Vulcan, 9,800 mi. Asking 2,500/ B.O. Good riding cond. Call 997-7093

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JUNK CARS WANTED
"Free Tow-Away"
"Same Day Pick-Up" (In Most Cases)
S.O.S. TOWING
955-8440 Bloomfield
481-2610 Newark

NOVENA TO ST. JUDE.

This novena has never been known to fail. This Novena must be said for 9 consecutive days. Publication must be promised. Oh, Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given great power to come to my assistance. Help me in my present urgent petition. In return, I promise to make your name known and call you to be invoked. St. Jude, pray for us all who invoke your aid. Amen. Say 3 Our Fathers, 3 Hail Marys and 3 Glories. N.C.

Childcare/light house

keeping needed in my Nutley home. 1 1/2 yr old. Non-smoker. 4 days a week. Refs a must. Good sal 661-2334

NANNY D'S

INFANT CARE CENTER
Full Day Care
6 Weeks to 2 Yrs Old
204 Washington Avenue
Belleville 788-1984
Director: Deborah Ann

TLC....
& plenty of it is waiting for your child. I will provide a warm, loving environment for your child in my Belleville home Mon thru Fri. I'm responsible & experienced. I have flexible hours & reasonable rates. Evening hours are also available. 751-1669

WARM & CARING MOM
MOM with lots of experience will care for your children in her Bloomfield home. Any age, flexible hours, & reasonable rates. References available. Lunch & snacks included. 743-4063 (anytime)

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"POSTAL JOBS"
\$12.26 to start, plus bnfts, Postal Carriers, sorters, clerks, maintenance. For application, and exam information call 1-219-736-4715 ext P2607, 9am to 9pm, 7 days.

ALL PHASE EMPLOYMENT SERVICE
382 Franklin Ave. Nutley, N.J.
661-W-O-R-K
997-W-O-R-K
Permanent & Temporary F/T & P/T positions

AVON
Need Extra cash for the holidays
Earn \$10. per hr
Sell at work/home,
Call Today 997-4332

CARPENTER'S HELPER
Some exp in const. Must have driver's lic. Call aft 6 pm, 661-4830

CLERICAL/OFFICE HELP
answer phones, bill orders, able to use adding machine, No computers. Co paid Blue Cross/Blue Shield. Full Time, M-Fri - Fri, half day Sat + O/T. \$6.00 per hr to start with advancement. Call 667-1234

DENTAL ASST
F/T. No experience nec. Salary based on experience. 661-1075

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A dynamic, detail oriented team player for result oriented practice. Committed to giving excellence. Must love serving people while coordinating an intricate scheduling system. Excl comm skills & desire for a challenge. Exp. in customer service & computer knowledge is req. 338-9041

Factory Help. No exp. nec. Pleasant working cond. Apply Solid State 44 Ferrand St, Bm

Hairdresser exp., aggressive person, or confident g.; able looking to increase clientele. Prof. atmosphere. Salary. Belleville/Bloomfield area. 748-8671

Hairdresser/hairstylist
Full/P/T, hairdresser
w/working exp.
Manicurist skills;
waxing, tips & wraps.
Call 667-6800/661-2653

LIVE-IN Nanny for 3 yr old girl. Refs. Non-smoker. If interested, Call 791-0888

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Medical Transcriptionist
Full-Time/Temporary

Clara Maass Health, System, Inc., a 475-bed community healthcare facility located in suburban Belleville, NJ currently has a temporary full-time position available for a Medical Transcriptionist to work in our Medical Records Department.

Medical transcription experience required.

We offer a competitive salary and a pleasant work environment. Please call (201) 450-2177 or send resume to Deborah L. Patti, Manager of Personnel Services:

CLARA MAASS HEALTH SYSTEM, INC.
One Clara Maass Dr. Belleville, NJ 07109
An EOE m/f/h/v

Recognized as a distinguished community benefits hospital.

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GENERAL OFFERS

Come join one of the nation's leading newspaper telemarketing firms. We offer flexible hours, an hourly guarantee, plus a lucrative incentive program. Daily, weekly, and monthly sales motivation awards. Let our trained office professionals show you the money in your spare time. We are accepting applications now at our BLOOMFIELD office. An articulate speaking major is a must! Call today!

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Reliable, organized, personable person to work in music studio. Call Tony 661-4885

Plumbing & heating
supply house needs person to handle stock, make van deliveries & assist in office when needed. Call 623-7370

PREP PERSON P/T for gourmet food distributor. P/T. Call between 2 & 4 P.M. Will train. No exp. nec. 759-2300

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TRAINING...TRAINING... TRAINING
Success in real estate requires proper training & office support. We guarantee it! Learn more about how you can make it to the top. No experience required, just ambition! Call Frances for an appt. CENTURY 21 NORTH SIDE (201) 751-7771

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Attention local College Students & High School Juniors & Seniors! We can help you earn extra spending money in your spare time. Afternoons, weekends & evening hours available. We will train you. Our only requirements are a willingness to work & a clear speaking voice. Call: 201-743-7667

SUPERINTENDANT
- Couple wanted for 52 Unit apt bldg. in Belleville. Duties incl. plumbing, electric & carpentry. Apt + sal. 857-3961

Veterinary Technician. F/T. Exp. pref. Sal based on exp. Contact Dog, Cat & Bird Clinic of Nutley. 661-0441

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TELEMARKETERS NEEDED
50 immediate temp. to perm. positions available in the Essex County area. Must have good phone skills and be able to read & speak clearly. DON'T DELAY CALL JOULE! TEMPORARIES AT (201) 348-3677

TELEPHONE SALES FT/PT
Group of weekly newspapers seeks classified sales reps. for inbound and outbound department. Excellent phone manner & customer service skills A MUST! Hry pay + comm. Benefits for F/T avail. Call Diane at 667-3000

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P/T COOK
Ask for Irma or Skip 680-4410

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Take Lessons From A Professional. Finest Quality Imported "Mohair" Angora "Linsens" Bauxclaire & more. All supplied with each lesson. *6 wk course \$120. includes yarn
Weds. Eves 7:30-9pm
Oct. 12 thru Nov. 16
Class Size Limited
So Sign-up Soon!
Call Phyllis 743-6948

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Certified teacher K thru 8. Low rates. Call Melissa 661-3271

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COLOR TV FOR SALE
Purchased new one \$25.00. Call 667-8565.

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2 airconditioners
1 yr old, \$190. ea, 338-0613

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Pre-owned Bridal Gowns, *Designer Brands. *Low Prices. 110 Hackensack Street East Rutherford 531-2744

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Morrow Machine with table. \$100. Call 743-6948

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TREADMILL Weslo, Cadence #4250. Full size, 8.0 MPH, programmable speed, auto incline, 1.25 HP, DC motor, safety key. Hardly used. Like new! \$300. FIRM EXERCISE BIKE Magazine rack, timer. \$75. or best offer. Call 748-8729 after 6pm weekdays, anytime weekends.

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All Imported Yarns, & Wools Dramatically Reduced!
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freight, passenger cars. Layout access. Long playing stereo, records. Excl. cond. 667-6142

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Never used. Still in box. Can deliver. \$85. 812-8349

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*Weight bench & weights
*Microwave & Cart
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*Patio set w/4 Chairs
All Negotiable. Call after 6pm 751-6075

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Great new fall products and products. For a free catalog or to arrange for a demonstration please call Nancy at: 751-4297

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Superior Quality Clothing, Shoes, Furniture & Toys
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Hrs: M-T-W-F 11-6pm
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M/C & VISA ACCEPTED

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Tanning Bed. Full size with face tanner and 24 lamps. New bulbs this season. \$1500. 450-5834

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*Chevy 350 3 spd.
*Chevy 700 R4
Overdrive
*Buick 400 3 spd.
*Chevy 200 R4 3 spd.
Call Rocco 743-6948

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ACCEPTING previously owned Bridal Gowns, Prom & Holiday Party dresses to be sold at Treasured Again... A Bridal Consignment Boutique. 531-2744

I'M BUYING TOOLS
"Old" "New" "Used"
"Any Type" "Any Quantity"
CALL "GENE"
696-4908 4-6 PM weekdays
After 6:30 PM weekends
Licensed Gun Collector
Cash for:
*Guns *Swords *Daggers
*Bayonets
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Registered Appraiser
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LIONEL AND OTHER TRAINS COLLECTOR
PAYS TOP PRICE
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TURN YOUR USED or unwanted musical instruments into CASH
Call 661-4885

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*Used Filing Cabinets
*Chairs/Decks
EDELSTEIN OFFICE FURNITURE WHSE.
946 Market St Paterson Cor. Lakeview Ave. & Rt 80 523-6153

Basset DR Set blk lacquer, table, 6 chrs & wall unit, \$1,000. LR set blk leather sectional, 3 brss & glass tbls w/lamps. \$650. Call for info 507-9220

Black sofa, love seat, 3 white glass end/coffee tables. DR table with 4 chairs, blk enbr. center 284-0479

FURNITURE FOR SALE

Contemporary sectional w/sleeper, Qu size, lt beige print. \$300. Pecan DR, table & 6 chairs. \$300. 667-1974

Convertible Sofa Bed, excl. cond., \$95. 338-0613

Youth Bedroom (6 pc) set oak & almond includes desk, hutch, night stand, hamper, 30" dresser & armoire. Excl cond. Original \$1,200. Selling for \$600. firm. 667-8565 lv mess

GARAGE SALES

14 Pauline Dr, Nutley off Prospect St, Sat/Sun, 10/22-23, 9am-4pm. Rain/ Shine. HH, clothing & etc

Belleville-56 Celia Terr., Oct 22, & 23, 9-5. Old & New Items

Belleville - Oct 22 & 23, 10 - 5 P.M. 15 Stevens Road. *Christmas in October*

Bloomfield-15 & 19 Kinder Dr., Oct 22 & 23, 9-7 Something for everyone!

BLOOMFIELD Multi family garage sale. 210 Lakewood Dr., 9-4:30, Sat, 10/22. Lots of kids items, clothes, toys, etc.

DRIVEWAY SALE- Sat, 10/22, 9-5, 380 Chestnut St. Nutley. R/D Oct 23. Something for everyone.

MULTI FAMILY 10/22, 10-4. No early birds. 43 Jackson St., Nutley (off Passaic Ave.)

NUTLEY
58 Vreeland Ave Saturday Oct 22 9-4 Furniture, bikes, toys, etc.

Nutley - 10/22 & 10/23, 9-4 P.M. 238 Van Winkle Ave. (Off Mt. Vernon St.) Adults clothing, H/H items, books, fum.

Nutley - Apt. Sale Fri, Sat, Sun, Oct 21 - 23. 10am to 5 pm. 2-C Yale St. Some collectibles, fum., secretarial, chandelier & more.

Nutley - contents of apt. 181 D Hancox Ave. Thurs, 10/20, Fri 10/21 9-5 P.M. BR & DR sets.

Nutley - Fri & Sat, 10/21 & 10/22, 9-4 PM 1 Povershon Road Baby & other clothes, H/H items, books, sporting goods & more. Great prices. R/D Sun. 10/23

Nutley - House Sale
Sat & Sun, Oct 22 & 23 9-4 pm. 88 Hillside Ave. Attn: Antique Dealers & Collectors of interesting bric-a-brac, silver plated items, dolls, porcelain items, Hummells, Avon prod etc.

NUTLEY 46 Cleveland Ave. Sat. Oct 22, 10-4, Rain Date Oct 23, 10-4

Nutley Lawn Sale- 39 Sylvan Place Sat, Oct 22, 9-3 R.D. Oct 29

Nutley, 17 Povershon Rd, 10/21 & 10/22 (R.D. 10/28 & 29) 10-3pm. HH items, books, clothes.

YARD SALE- 10/22 & 23, 9-5, 388 Joramelon St., Belleville. Dressers, desks, old records, antiques, etc.

FREE PET

Free black kittens to good home, DOB, 9/6, Litter box trained. 661-9011

Turn Something Old Into Something New With The Classifieds

FURNITURE FOR SALE



EQUAL HOUSING OPPORTUNITY

All real estate advertised herein is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise "any preference, limitations, or discrimination based on race, color, religion, sex, national origin, familial status, or handicap, or intention to make any such preferences, limitation, or discrimination"

We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

To complain about discrimination in housing, call HUD's national toll free number: 1-800-424-8590

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BELLEVILLE SALE OR RENT
Bridgebrook Condos
725 Joramelon Street (Off Franklin Ave.)
Brick, 1 & 2 BRS, situated on 8 acres of beautiful landscaped grounds. Garage & pool incl in price. Private entrances. Low maintenance incl heat, hot water & gas. Pets O.K. VA & FHA approved. Sales \$75,000 \$105,000
Rentals \$700 - \$850
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BELLEVILLE
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NUTLEY - 1st flr. 4 rms. Prking at door. Club house on prop. Must sell! \$80,000 - offers. REALTOR: RECORDS REALTY 667-5500

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BLOOMFIELD
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OKAYVIEW area. 4 BR Col w/alt gar, 2 new baths, laund & half bath off mod kit, frpl/LR, DR & sunrm. On quiet st w/g lot. Ideal loc. Offered in the \$180's. REALTOR: RECORDS REALTY 3 High St., Nutley 667-5500

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LYNDHURST- new 3 fam, 6 rms 1st flr, 3 & 3, 2 car gar. C/A, very large property. \$439,500. 227-1851

NUTLEY SPAC Col on deep lot
w/2 car gar, mod kit/pantry, 3 BRS + attic. \$165,000. Must sell! NEWER Col w/spac LR area! 4 BRS, 1 1/2 baths. A-1 cond! Low \$200's. Must be seen! COL w/gar, near sch! & stores, lg mod kit, 3 BRS, rec rm. \$160,000 - offers! COTTAGE, unusual home, updated! Fin lower level. \$140's. Must be seen! STARTER home, 6 rms, mod bath, prking. \$106,000. REALTOR: RECORDS REALTY 3 High St., Nutley 667-5500

Bloomfield - 2 BR apt. avail. in quiet neighborhood, Nov/Dec. Near Prky. Prking spot, heat incl, 2nd flr. Adults pref, no pets. \$775. per mo. heat incl. 1 1/2 mo sec. Avail now. No Pets. Call 743-2543

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BLOOMFIELD
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REALTOR 667-5100

NUTLEY - 2nd flr. 5 ms, mod kit & bath, prking. Child O.K. Conv to sch & highway. \$775 + util.
2nd flr. 5 ms, prking. \$850 + util. child O.K. in 2 fam home. Avail Nov 1. REALTOR: RECORDS REALTY 667-5500

Nutley - 4 ms, w/2 prking spaces. No pets. Call after 6 P.M. 661-1412

Nutley - 2 story, 3 BR, duplex, in park like setting, Avail 11/1. \$1,250. Incle h/w. Call for apt. 657-4232

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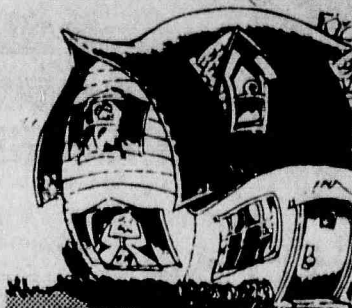
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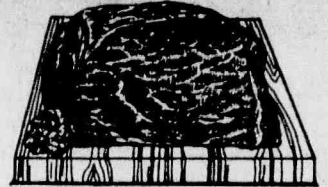
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